

3 Newtonian Gravity & Physics

& The Friedmann Equations

3.09 Historical Intro \rightarrow followed by ~~other types~~ review - curious points

The Friedmann equation for $a(t)$ scale factor.

(i.e., the Friedmann equation plus the Friedmann acceleration equation)

governs the overall dynamics of the Observable universe

provided General Relativity

(GR) is a correct theory

Notes drawn from

Liddle (2015)

WIKI

Bondi (1960)

for historical
tidbits

Carroll (2004)

Cole & Luminet

(2002)

Krueger (2002)

Weinberg (1972)

Burden (2002)

Well a correct emergent theory since we believe it is the macroscopic limit of quantum gravity — for which there is no established theory.

Because nonlinear in general regulations of Friedmann will not add to make a solution

$$H_0 = \frac{v - v_{\text{obs}}}{a_0} \text{ relative value of inverse time in km/s Mpc}$$

In fact, the Friedmann equations can be derived from Newtonian physics with plausible/natural ad hoc assumptions

{FB only ordinary matter is considered
-Radiation, Λ cosmological constant
~~-constant Dark energy~~

However, one needs the GR perspective to understand that they include the

At universal level Λ and constant energy source
that differ in they are microscopically

constant or obtain in some at Λ effectively

002

effects of the curvature of

Space, \rightarrow and radiation

+ Λ (constant dark energy)

but we
derived
from
in Russia

Historically, the Friedmann equations

were first derived by Alexander Friedmann in 1922 in Russian (WikiFriedmann eq.) (1888-1925)

Georges Lemaître derived them independently a bit later in the 1920s

The Newtonian derivation came later remarkably by Milne & McCrea in 1934. (Bondi-75)

It's remarkable that a lot of progress in cosmology could have been made before GR (1915), but that didn't happen.

Two main hold-ups

- 1) People seemed to believe the universe was static on average
 - Newton thought their
 - odd since the universe is

not in thermodynamical equilibrium

\hookrightarrow manifested by Olbers' Paradox

- a dark night sky is inconsistent with an eternal unchanging static universe

\hookrightarrow if true in every direction you should see a star (homework problem)

homogeneous & isotropic too

(300)

2) People didn't yet know there were other galaxies until 1923/4 when Hubble established that the Andromeda nebula was the Andromeda galaxy (Wiki-Hubble)
— so then all spiral nebulae were spiral galaxies and all elliptical nebulae too since they came clustered with spirals

Even the
(7th
Chr. Wren
died ~1660)
suggested
before
leaving
astronomy
for =rubbish!

people had suspected this for a long time — since the 18th century (Wiki-galaxy)

In any case, it was hard to ~~get this~~ get an expanding universe idea without knowing galaxies and observing their redshifts which came along with Slipher ~~etc~~ starting in 1912 (but very slowly)

Of course a ~~rigorous~~ vigorous derivation of the Friedman equations must be from GR — but we leave that to another course — one on GR

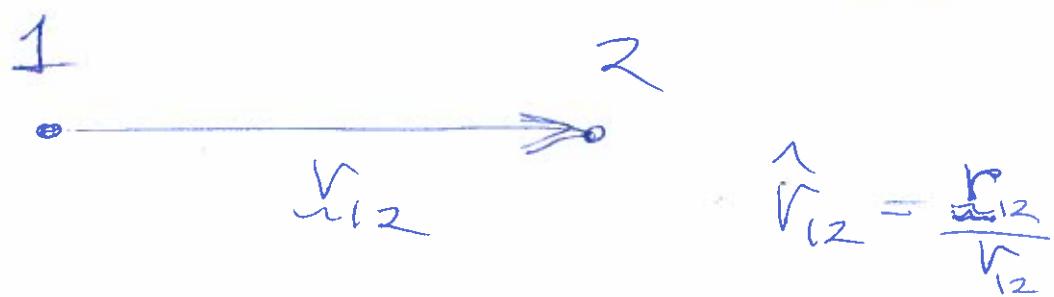
A vigorous demonstration as to why the GR Friedman eqns ~~etc~~ and Newtonian analogs ~~are the same~~ should be the same is given by Wells (2014)

To become an expert in cosmology, you should study GR (not me, just a specialist in teaching intro cosmology)

3004]

3.06 Newtonian Gravity, Gauss' Law + & The Shell Theorem

Newton's law of universal gravitation



$$\vec{F}_{12} = -\frac{G m_1 m_2}{r_{12}^2} \hat{r}_{12}$$

— formally it's for point masses

Newton never wrote it down like this. He used an obscure formalism in the Principia (1687) and a few years later Pierre Varignon translated Newton's results into Leibniz calculus formalism, but vector notation
wasn't recognized until the 19th century (Wk. Euclidean vector) later

We can derive Gauss' law now
— nonrigorously

Gauss' Law

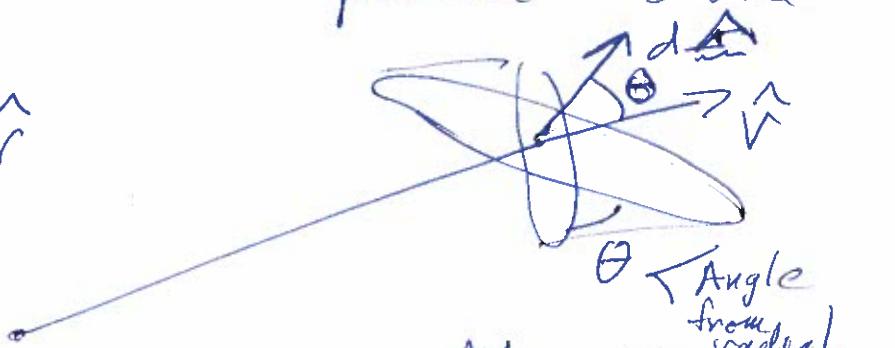
3005

For a force field (force per unit charge) from a point source

Very special results due to inverse square law nature

$$\mathbf{f} = \frac{Q}{r^2} \hat{r}$$

source



Consider

Now

$$\mathbf{f} \cdot d\mathbf{A} = \frac{Q \hat{r} \cdot d\mathbf{A}}{r^2}$$

$$= Q \frac{dA \cos \theta}{r^2}$$

$$= Q (\pm d\Omega)$$

We are actually assuming a lot about 3-d Euclidean geometry here but geom. is another course

$$\oint f_i dA = Q/4\pi$$

(one charge)

$$\oint f_i dA = 4\pi Q$$

only

for

$\oint d\Omega$

because

of cancellation

see p. 3006

+ for outward
($0 < \theta < \pi$) radial

- for antiradial ($\theta > \pi/2$)

since $d\Omega$ is conventionally always +ve

differential solid angle

inside

outside

Consider now a closed surface, it has a definite inside and outside

3006)

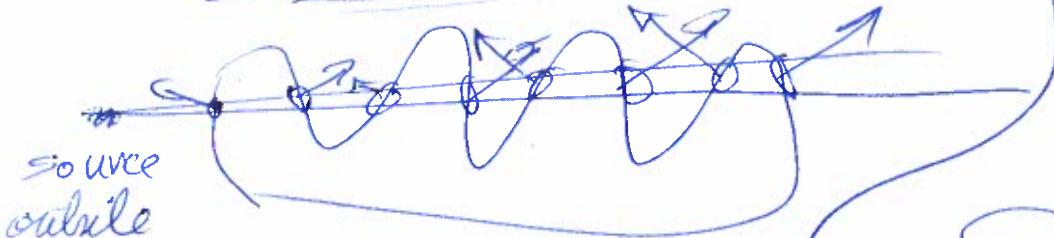
Any radial cone from

Just
musing
Is topology
among other
things, a way
to get
yes/no
answers?

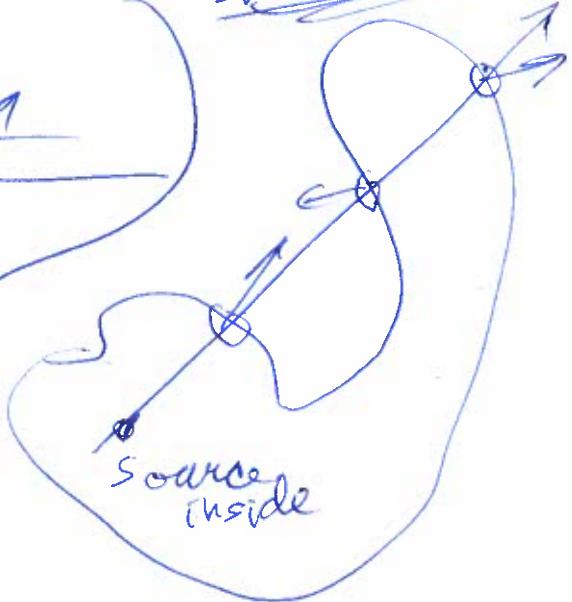
that goes thru the surface must pass from inside to outside or vice versa

and must ultimately pass to the outside

outside source



Inside Source



"in" always -ve?

"out" always +ve?

and so must all differentiated

~~concrete?~~

solid angle bits

cancel?

Yes

πdA out arrow

radial direction

first

$$= 4\pi \int Q_{\text{inside}}$$

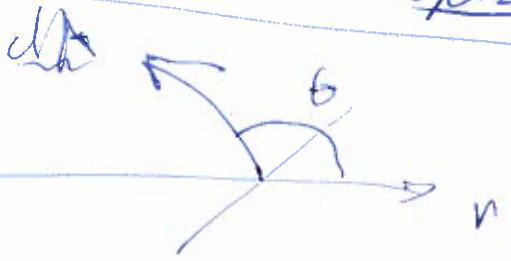
$$\theta \in [0, 90^\circ]$$

always an "out"

and always positive

$\theta \in [90^\circ, 180^\circ]$ always an "in" and always negative

Always one more "out" than "in" and so one solid angle bit unconcealed after



side in simple

Gauss' generic form law $\oint \mathbf{f} \cdot d\mathbf{A} = \text{charge enclosed}$ ~~Free space~~ 300

Gauss' law (with integral form)

Gravity

$$\mathbf{g}_i = -\frac{GM_i}{r_i^2} \hat{r}_i \quad \left(Q = -GM_i \right)$$

gravitational field

M_i

point source i

$$\oint \mathbf{g} \cdot d\mathbf{A}$$

No Einstein summation

$$= \sum_i \oint g_i \cdot d\mathbf{A}_i = -G \sum_i M_i 4\pi r_i^2$$

And mass is always +ve
we make it -ve
charge

in total,
can have +ve
contribution

$$= -4\pi GM_{\text{inside}}$$

minus because
gravity always attractive

For high symmetry cases, one

can use the integral Gauss' law to obtain

solutions

1) spherical sym.

2) cylindrical sym.

3) planar sym

and that's all I think

Coulomb force

$k = \text{Coulomb constant}$

$$\approx 8.99 \times 10^9$$

$$\approx 10^{10} \text{ Nm}^2 \text{ C}^{-2}$$

(Vik)

Electric field

$$\mathbf{E}_i = \frac{kq_i}{r_i^2} \hat{r}_i$$

No Einstein summation

$$\oint \mathbf{E} \cdot d\mathbf{A}$$

$$= \sum_i \oint E_i \cdot dA_i = k \sum_i q_i 4\pi r_i^2$$

$$= 4\pi k q_{\text{inside}}$$

$$= \frac{q_{\text{inside}}}{\epsilon_0 R^2}$$

Vacuum
permittivity

$$Very \quad \frac{1}{r^2} dr \quad \leftarrow$$

special results due
to special nature
of inverse-square law

force

We'll look
at this
case in
a moment

3008

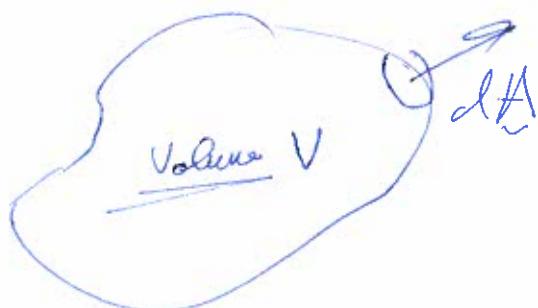
Gauss' theorem

For differential
form of Gauss

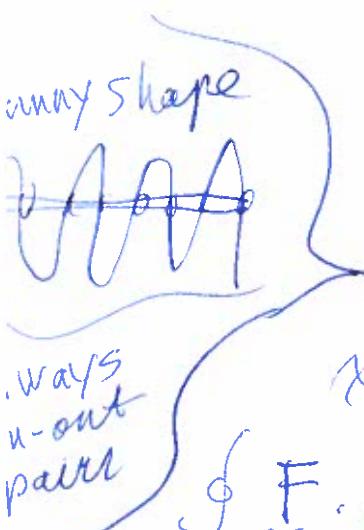
(aka divergence
theorem)

vector field

$$\int \nabla \cdot \mathbf{F} dV = \oint \mathbf{F} \cdot d\mathbf{A}$$



Proof Consider a sufficiently small volume to allow 1st order expansions to be accurate



ways in-out pair

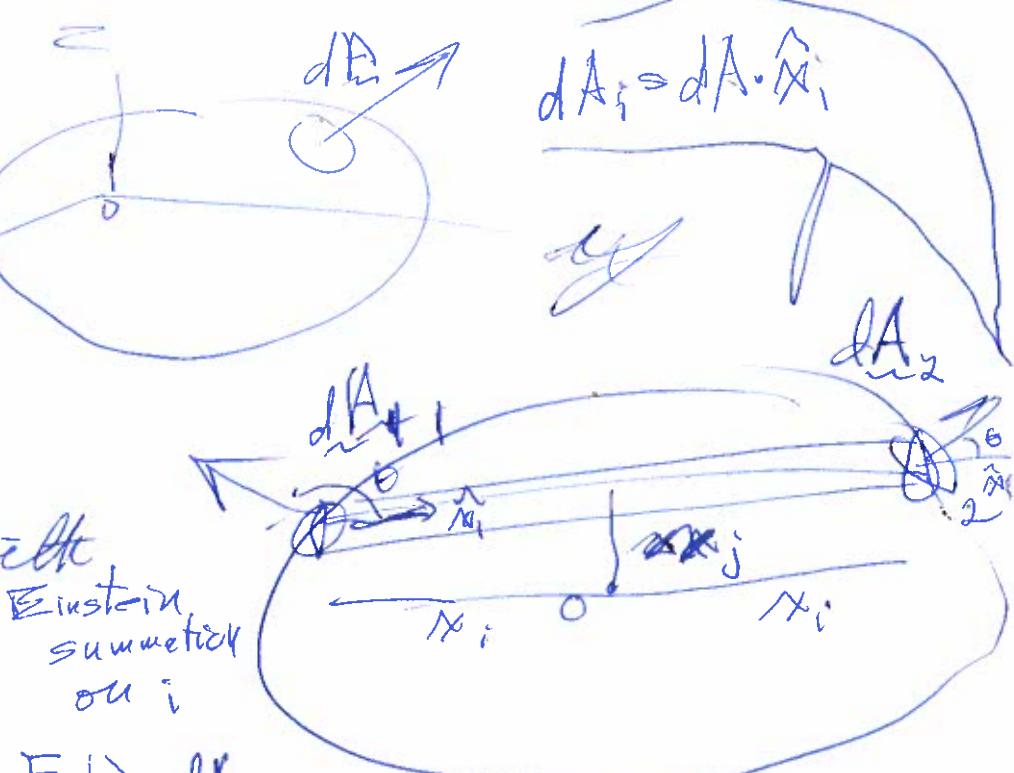
$$\oint \mathbf{F} \cdot d\mathbf{A}$$

$$= \oint F_i dA_i \quad \text{with Einstein summation on } i$$

$$= \oint \left(F_{i0} + x_j \frac{\partial F_i}{\partial x_j} \right) dA_i$$

This term cancels pairwise

- along and x_i line $dA_i = -dA_{i+1}$



7010

Final Volume

Not a rigorous proof

Now just add but small volume.



the internal surfaces cancel pairwise

and only the outer surfaces contribute and you get
Gauss' theorem QED.

$$\oint \mathbf{F} \cdot d\mathbf{A} = \int \nabla \cdot \mathbf{F} dV$$

Gauss' Law Differential form



$$\oint \mathbf{f} \cdot d\mathbf{A} = 4\pi \sum_{i \text{ inside}} Q_i$$

step 307
 $\int \mathbf{f} \cdot d\mathbf{A}$
total field per unit charge

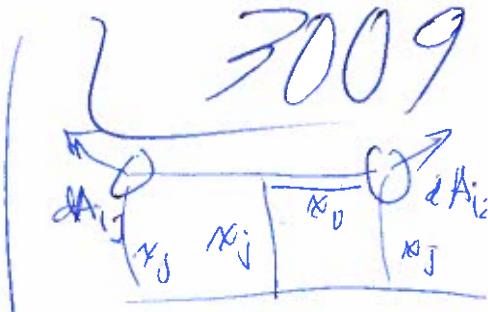
sum of inside
internal charges

say these form a container

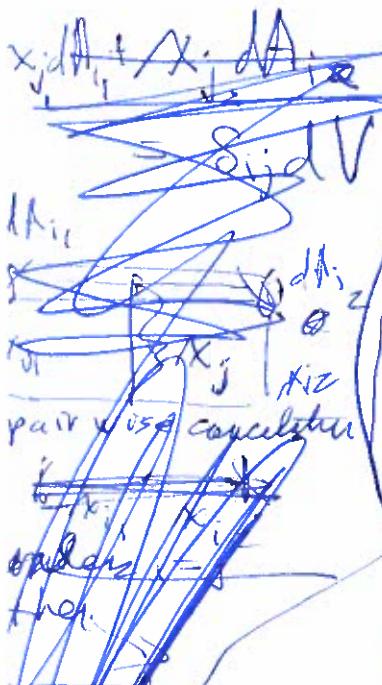
$$\sum_i Q_i = \int \rho dV$$

ρ is a density

$$= \oint x_j \frac{\partial F_i}{\partial x_{j_0}} dA_i$$



~~$x_j dA_i + x_i dA_j$~~ but $x_i \neq x_j$ Cancels pairwise also if $i \neq j$



$$x_i dA_j = S_{ij} dV$$

No Euler sum
 $dA_i x_i + x_i dA_i = dA_{i+1} (x_{i+1} - x_i)$
 But $dA_i x_i + dA_{i+1} x_i = x_i (dA_{i+1} - dA_i)$

a volume element tube-like

$$= \oint \frac{\partial F_i}{\partial x_{i_0}} dA_i$$

$$= \oint P \cdot F dV$$



$$= D \cdot F V$$

for a sufficiently small volume

dV Einstein summation clouds the issue
 $\sum_{i,j} \oint x_j \frac{\partial F_i}{\partial x_j} dA_i$

$$= \sum_i \oint \frac{\partial F_i}{\partial x_i} dV_i$$

$$= \left(\sum_i \frac{\partial F_i}{\partial x_i} \right) V$$

$$= D \cdot F U$$

$\Rightarrow dA_i x_i + dA_{i+1} x_{i+1}$ when $x_{i+1} = x_i$, and $x_i (dA_{i+1} - dA_i)$
 it is zero when $x_{i+1} - x_i = dA_i$

$$\therefore \oint f \cdot dA = 4\pi \int P dV$$

3011

using
divergence
rule p.3008

~~Gauss law~~
(p.3008)

$$\oint \nabla f \cdot dV = 4\pi \int P dV$$

but since the shape is general

$$\nabla \cdot f = 4\pi P \quad \begin{matrix} \text{General Gauss' law differentiated form} \\ \text{from p.3007} \end{matrix}$$

Gravity

Gravitational Force

$$\nabla \cdot g = -4\pi G P_{mass}$$

$$\nabla \cdot E = 4\pi k P_{charge}$$

$$= \frac{P_{charge}}{\epsilon_0}$$

With Gauss law

~~Mass distribution
relative density~~

See p. 3012 for
general statement

a & b
are
corollaries

~~Shell Theorem~~

Shell Theorem: Gravity Case

- a) A spherically symmetric body acts as if all mass were concentrated at a point; i.e., it acts like a point mass at the center of symmetry

a, b, c
one
3 perspectives

$\bullet \rightarrow \circ$

3012 b)

1) General statement
Given a spherical symmetric distribution

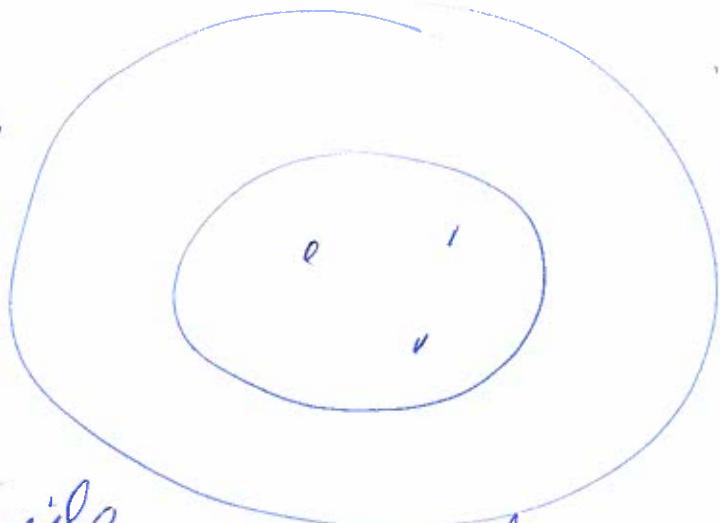
at r
only that
interior
if all very
near the center at r

is spherically
symmetric
distribution

A spherically
symmetric
shell exerts no

Force on
a body inside

no matter where inside
(b) is really a corollary
of (a).



Proof from Gauss' law for gravity integral form

$$\oint g \cdot d\mathbf{A} = -4\pi G M_{\text{enclosed}}$$

point
opposite

could extend to here

Gaussian surface.

By symmetry
 g must
be radial
and have
equal magnitude
at $r = R$

~~$$\therefore \oint g \cdot d\mathbf{A} = 4\pi R^2 g R^2 \cdot 4\pi G M_{\text{enclosed}}$$~~

$$g(r) =$$

That minus sign

[3013]

means \vec{g} and $d\vec{A}$ point
in opposite directions: $\vec{g} \cdot d\vec{A} < 0$

$$\therefore -g(r) 4\pi r^2 = -4\pi G M \text{ inside}$$

minus signs
cancel out

so
nothing
which
is
~~is~~
 $g(r)$,
M
both
the
+ they
need
be

$$g(r) = -\frac{4\pi G M \text{ inside}}{r^2}$$

Note

Mind
Mexico

could

be moving
- pulsing
- anything

Which proves part (QED)

Note since if M enclosed = 0, $g(r) = 0$ as in cavity

$$g(r < r) = 0$$

$$\therefore g(r > r) = 0$$

if there
is no mass
for $r' < r$

Which proves part (QED)

QED. Shell theorem.

see esp. 3012(c), also

as long as they
maintain spherical
symmetry the

Do two spherically symmetric masses interact like point
masses if they do NOT touch?

Yes, but I think it's
not quite
obvious and
needs a
proof

The analogous
GR Theorem Birkhoff
theory is the same
- not for that doesn't
break spherical symmetry
- changes nothing see p. 305

3014) Proof



$$F_{12} = F_{1 \text{ point } 2} = -F_{2 \text{ point } 1} \text{ by 3rd law}$$

by shell theorem

$$= -F_{2 \text{ point } 1 \text{ point}} \text{ by shell thm again}$$

$$= F_{1 \text{ point } 2 \text{ point}} \text{ by 3rd law agn}$$

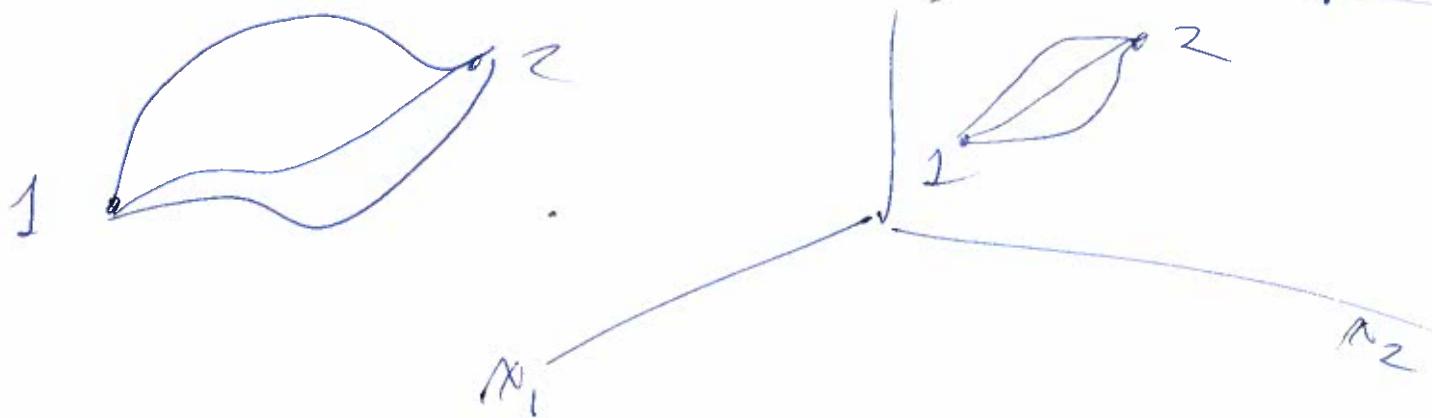
Newton had to work really hard to prove this and the shell theorem gives his law of gravitation.

But he needed these proofs in order to solve solar system motions tractably (i.e., celestial mechanics)
 → Exact solution for the 2-body system
 → His early perturbation theory for general solar system motion

Potential Theory

L3015

Landscape



Say $W_{12} = \int_1^2 \mathbf{F} \cdot d\mathbf{s}$ is path independent.

for the space or some subspace

Then we are free to define a potential energy.

$$PE = U$$

$$\text{say } U_{12} = -W_{12} = - \int_1^2 \mathbf{F} \cdot d\mathbf{s}$$

$$\therefore dU = -\mathbf{F} \cdot d\mathbf{s} = -F_i dx_i$$

$$\frac{\partial U}{\partial x_i} dx_i = -F_i dx_i$$

using Einstein summation

$$F_i = -\frac{\partial U}{\partial x_i}$$

$$\mathbf{F} = -\nabla U$$

actually I like these because they form best and think we should use them all the time and teach them first to students

3016

Note

$$\begin{aligned} U_{12} \text{ path a} &= U_{12} \text{ path b} \quad \text{by hypothesis of PE theory} \\ U_{12} \text{ path a} &= - \int_1^2 \mathbf{F} \cdot d\mathbf{s}_b \\ U_{12} \text{ path b} &= + \int_1^2 \mathbf{F} \cdot (d\mathbf{s}_a + d\mathbf{s}_b) \\ &= \int_1^2 \mathbf{F} \cdot d\mathbf{s}_a + \int_1^2 \mathbf{F} \cdot d\mathbf{s}_b \quad \text{and add masses} \\ U_{12} \text{ path b} &= -U_{21} \text{ path (b)} \end{aligned}$$

$\therefore \Delta U_{\text{closed path}} = 0$

The reverse proof (converse) is easily proven too

For gravity with a spherically symmetric mass distribution

$$g = -\frac{GM}{r^2} \quad (\text{value of it})$$

By

Cairns

$$V = -\frac{GM}{r}$$

with

$$V(\infty) = 0$$

by usual convention

$$\nabla V = -\left(\frac{GM}{r^2}\right) = g$$

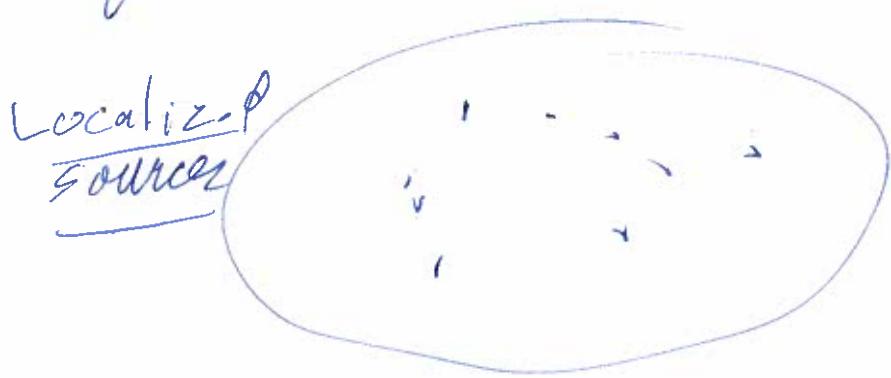
$$\nabla \cdot V = \frac{1}{r^2} \frac{\partial}{\partial r} \left[r^2 \frac{\partial V}{\partial r} \right] + \frac{\partial^2 V}{\partial \theta^2} + \frac{\partial^2 V}{\partial \phi^2}$$

Potential not potential energy, in GM we call Potential energy, potential by convention

Zero-Point PE

3017

In PE theory alone, you never need to define a zero-point PE. However for a localized set of sources (i.e., they can be put in a finite closed surface)



$$U(x) = 0$$

it is conventional

What is PE anyway?

What else is there that is interact
Gravity is a special case, it turns out

For abstract PE theory, PE is just itself.

However for real forces (except gravity!!)

I believe the answer is

field energy (except gravity) What else can it be? I wonder \rightarrow gravit shows some

Let's consider Electromagnetic field

Not contributions to $E + B$ but total others are in square $E_1^2 + E_2^2 = E^2$ $B_1^2 + B_2^2 = B^2$

$$E_{\text{density}} = \frac{1}{2} \epsilon_0 E^2 + \frac{1}{2} \mu_0 B^2$$

energy density

see p. 3020

We call

(Wk: energy density)

sort of phonon density

E Reductive power!!

total
Loc
ene
SC
mu
at ea
part

3018)

Someone has derived this — with the ambiguity what about point sources?

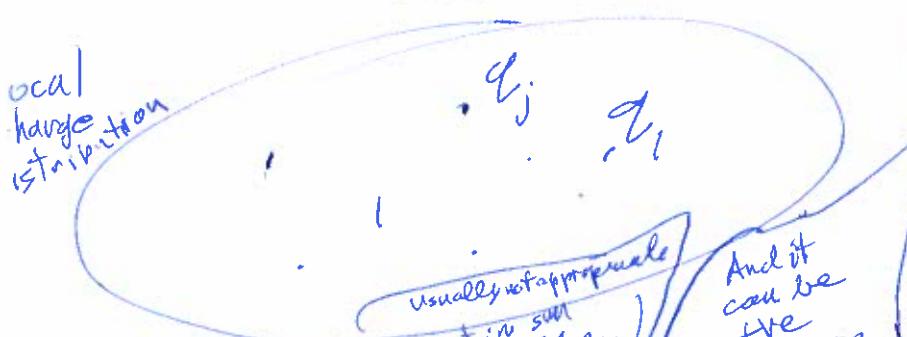
— point charges \rightarrow electron, quarks

— point magnetic dipoles \rightarrow electron etc.

Somebody in field theory

was dealt with this. (made by trickery renormalization etc. it usually is)

Let's consider electrostatics with charge smeared out into a continuum \rightarrow as we usually do for macroscopic treatments. (Wiki: Electrostatics)



$$U = \frac{1}{2} \sum_{ij} \frac{q_i q_j}{r_{ij}}$$

$$U = \frac{1}{2} \sum_{ij} q_i \phi_j$$

$$U = \sum_{i \neq j} \frac{k q_i q_j}{r_{ij}}$$

$$= \frac{1}{2} \sum_{ij} k q_i q_j / r_{ij}$$

Note the U is nonlocal here just an abstract account so far

to correct for double counting

usually not appropriate
No exist in sum
sum over particles

And it can be
+ve or -ve
like the
unlike -ve

continuous limit gets rid of this

electric potential due to all other charges,

$$U = \frac{1}{2} \int \rho(x) \phi(x) dV$$

But also -ve Potential energy \rightarrow we are considering assembly of the charge distribution

Integral over all space for our localized distribution

Now recall p. 3011

3019

and Gauss' law differential form.

$$\nabla \cdot \mathbf{E} = P/\epsilon_0$$

Note this is total
not just ~~in~~ boundary

and note

(with
boundary
summation)

$$\frac{P}{\rho \chi_i} (\mathbf{E}_i, \phi) = \frac{\rho \mathbf{E}_i}{\rho \chi_i} \phi + \mathbf{E}_i \frac{\partial \phi}{\partial \chi_i}$$
$$= (\nabla \cdot \mathbf{E}_i) \phi + \mathbf{E}_i \cdot \nabla \phi$$

QED

$$\text{So } (\nabla \cdot \mathbf{E}) \phi = \nabla \cdot (\mathbf{E} \phi) - \mathbf{E} \cdot \nabla \phi$$

$$\therefore U = \frac{1}{2} \int (\rho \phi) dV = \frac{\epsilon_0}{2} \int (\nabla \cdot \mathbf{E}) \phi dV$$

~~surface~~ ~~volume~~

$$= \frac{\epsilon_0}{2} \int [\nabla \cdot (\mathbf{E} \phi) - \mathbf{E} \cdot \nabla \phi] dV$$
$$= \frac{\epsilon_0}{2} \oint \mathbf{E} \phi \cdot dA + \frac{\epsilon_0}{2} \int \mathbf{E} \cdot \mathbf{E} dV = \frac{\epsilon_0}{2} \int \mathbf{E}^2 dV$$

Always
positive
due to
our
smearing
out
of charge
- Which
we
assume
is a valid
macroscopic limit

by Gauss'
theorem
p. 3008

this term
must
be +ve

using $\mathbf{E} = -\nabla \phi$

From potential
energy
theory

We assume a localized
set of charges and first set
the enclosing surface to ∞ .

$\mathbf{E} \phi \rightarrow 0$ at infinity \Rightarrow a reasonable
assumption

of dealing with point charges - which all
of classical EM verifies / normalisation - because it is
more likely to be true

3020] So

$$U = \frac{q_1 q_2}{2} \int_{\text{all space}} E^2 dV$$

$U_1 + U_2$
 $= U_{\text{Total}}$
 i.e. not
 anti-sym.
 \oint between
 tetrahedron

$$U = \frac{\epsilon_0}{2} \int_{\text{all space}} E^2 dV$$

seems absolutely
 reasonable to

$$= \frac{\epsilon_0}{2} E^2$$

if it's right
 in classical
 EM.

For E
 and B fields it

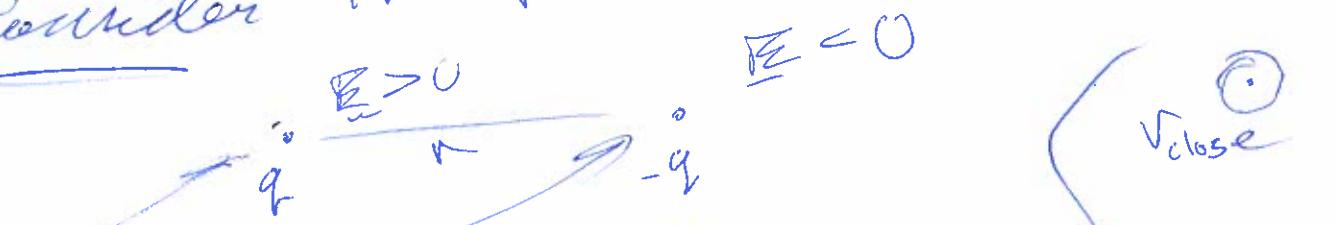
But can be right
 no dir. for gravit.
 $U = \int dV$

$E_j = -v$
 Just visual
 integral sign
 The answer is No.

So this seems concrete
PB is field energy
in this case

~~3018~~
~~on being continuous~~
~~it is always~~
Oddity this formula
 says $U \geq 0$ always.
but we do have $\Delta U < 0$
two point charges ΔU

Consider



close to each other ($E \rightarrow \infty$) \rightarrow close.

But lets just omit the infinity regions
 Then as we bring them together

$$U(n \approx \infty) \rightarrow U(r \text{ finite} \gg V_{\text{close}})$$

$$\text{So } \Delta U < 0 \quad \left\{ \begin{array}{l} \text{so } U_{\text{total}} \text{ always } +ve \\ \text{avoiding infinities} \\ \text{But } \Delta U \text{ can be } -ve. \end{array} \right.$$

How you define close to cut out the infinities might be tricky. [302]

However, I think just smear range out to be continuous at the macro scale as we often do works.

In any case, we seldom calculate ΔU from fields ~~but~~ integrated over all space, but by some other line integral

$$\text{Q} \rightarrow \text{O}^2 \quad U_{ab} = - \int_a^b \mathbf{q} \cdot d\mathbf{s} = -W_{\text{done}}$$

which is easier and avoids ~~infinity~~ and also adding the energy of assembling the continuum here which in fact not we may not want

What About Gravity?

Gravitational F.B.?

Let's consider the classical limit first where gravity is Newtonian and is an inverse-square law like the Coulomb force but the capacitance $C = \frac{1}{2}CV^2 = \frac{1}{2}VQ$

3022]

and where we define
gravitational field $\mathbf{g}(x)$:

~~grav. force per mass m~~

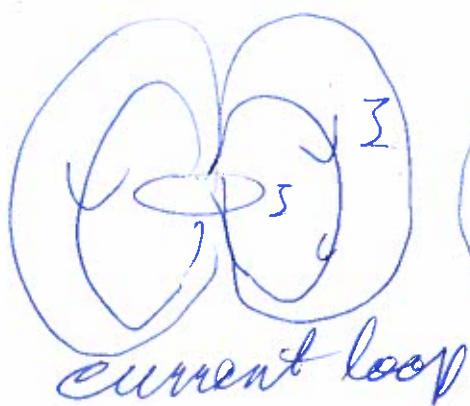
$U_B = \frac{1}{2\mu_0} \int \mathbf{B} \cdot d\mathbf{l}$

see p. 3026

I don't know of similar ~~formula~~
~~derivation~~ for B-fields, but
probably exists.

Certainly potential energy
for B-fields can be defined
in some cases; e.g.)

a) $U = -\mu \cdot \mathbf{B}$ the PE
of a
magnetic
dipole.



(With magnetic
dipole)

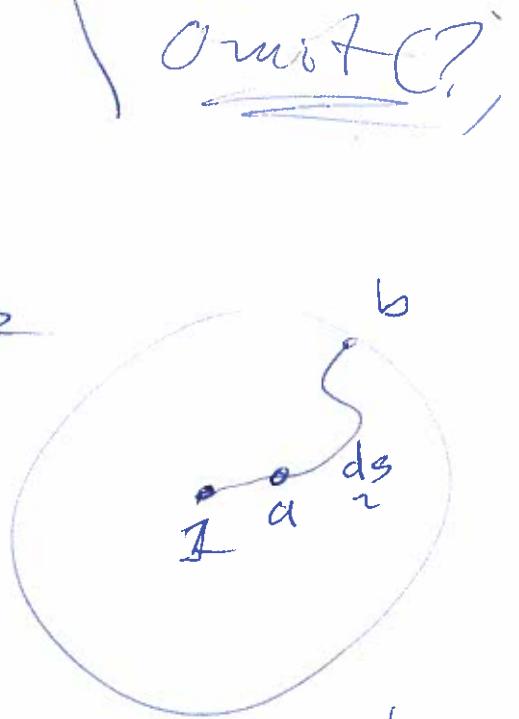
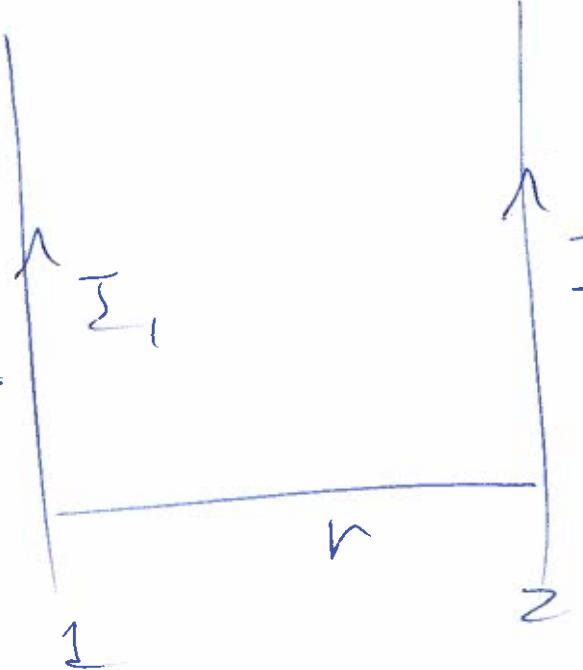
(W.K: PB:
magnetic
PB)

b) Ampère's force law [3023]

Parallel wires

$$\frac{F_{12}}{L} = \frac{\mu_0 I_1 I_2}{2\pi r}$$

attractive
for $I_1, I_2 > 0$
repulsive if
 $I_1, I_2 < 0$



$$\begin{aligned}\Delta U &= \int_a^b \frac{\mu_0 I_1 I_2}{r} \hat{r} \cdot d\vec{s} \quad \text{cross section} \\ &= \int_a^b \frac{\mu_0 I_1 I_2}{r} dr \\ &= \mu_0 I_1 I_2 \ln(r_b/r_a)\end{aligned}$$

~~Gravitational PE~~

$$E = mc^2$$

~~PE~~ (but E and probably fields) obey this law

So having ~~PE~~ means having mass \Rightarrow both its inertial and gravitational effect

$$\Rightarrow \text{spread out } B = \frac{\mu_0 B^2}{2} + \frac{B^2}{2m} = mc^2$$

We'd say anyway

3024 } — and if there
is a field energy density,
then there is a mass energy
density too. \rightarrow a mass energy
density.

For $E=mc^2$ see Landau p. 95 note(i)
for "derivation" \rightarrow with
physics micropostulates

omit = done on p. 3020 } { so redundant
and for all path along the way.

Gravitational Potential Energy

For gravity in the classical limit,
we do define a gravitational
field g

and $F_{\text{grav}} = m \underbrace{g}_{\text{ }} \rightarrow$ the
gravitational force on mass m .

We can now repeat the derivation
from $U_B = \frac{\epsilon_0}{2} \int_{\text{all space}} E^2 dV$ (see p. 3018-3020)

for localized charges
for the gravitational case mutatis mutandis

$$E \rightarrow g, \epsilon_0 \rightarrow -\frac{1}{4\pi G} \text{ see p. 3011}$$

$$U_G = -\frac{1}{2} \frac{1}{4\pi G} \int_{\text{all space}} g^2 dV \quad P_{\text{grav}} = -\frac{1}{2} \frac{g^2}{4\pi G}$$

It's similar in fact it's in a sense a field near $E=mc^2$ since this energy density doesn't fluctuate.

it's similar in fact it's in a sense a field near $E=mc^2$ since this energy density doesn't fluctuate.

Where does $E = mc^2$ come from?

3025

Recall Special Relativity is derived from 2 axioms

(i) Relativity principle

- all physical laws should have the same formulae in all inertial frames

(ii) Vacuum light speed is the maximum physical speed.
↳ speed is invariant for all inertial frames

exan
inert
fr
on
fre
to
arcane
BORN

Principle
of equal
right

The derivation is physics with all kinds of micro-axioms along the way: e.g., it is natural

Einstein was guided (1905) by the fact that the low relative velocity limit must be Newtonian physics.

In trying to maintain

conservation of mass

and conservation of energy

↳ including PE

he found it almost unavoidable on naturally & heat energy

3026) to say $E = mc^2$
which means that there
must be rest mass-energy
 $E_0 = mc^2$
→ the energy just for
existing

Now as was well
at first this is just established
for inertial mass for SR

but experimentally

$$M_{\text{inertial}} = M_{\text{grav}}$$

So it was natural to assume
all Energy had a gravitational
effect.

Of course when Einstein wrote
famously decided $M_{\text{in}} = M_{\text{grav}}$
should be a principle

→ principle of equivalence

↓ one of the axioms of
general relativity (GR)

axioms
of GR

a) POE

was one motivation for

Einstein to ~~Maxwell~~
pursue GR.

[3025]

- b) Another was the Newtonian gravitational field responds instantly everywhere to motion of mass

He felt that had to be wrong since that violated the light-speed axiom

- c) Actually another aspect must have turned up in his thinking. \rightarrow A Paradox

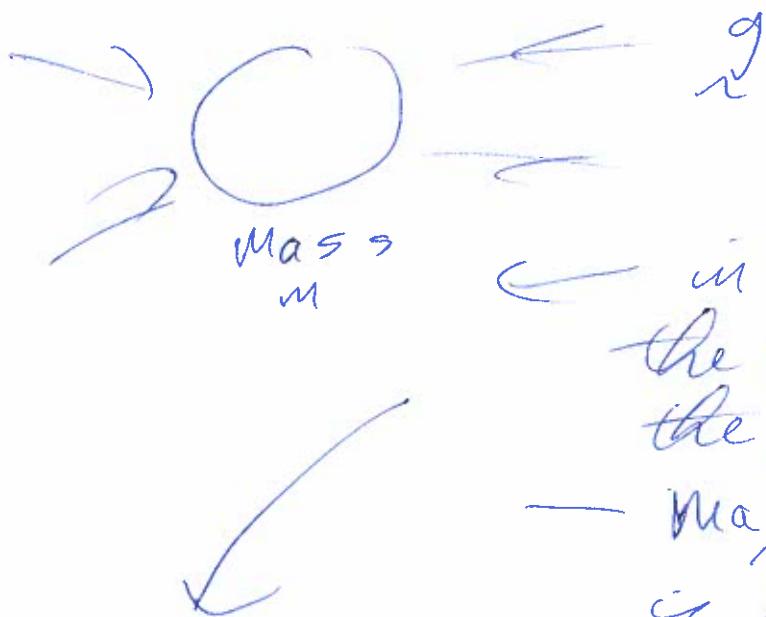
The Electromagnetic field has energy \rightarrow mass \rightarrow gravitational mass

Except for
those points
masses
leave to
Quantum
field
theory

This OK — causes no problems.
But if the gravitational field has energy (i.e., gravitational potential energy)
then the field itself ~~itself~~ has mass-energy and its own

3028) gravitational field

→ But this leads to
a tricky situation?



in Newtonian gravity
the mass creates
the field.

— Maybe the field
is the mass ~~But it's~~ ^{negative}

Squirrels chasing their tails situation ^{see p3029}

From a ^{SR-mixed-with} Newtonian point of view ^{p3029}

There may be no consistent approach.

But GR does give the
consistent approach

but with mysteries still
(Carroll - 120)

(Penrose - 464-469)

But before
going on to
the GR fix
let's recall what gravity ^{PB} probably isn't
^{in my sense}
LHS & RHS of Einstein field eqn

Gravitational Potential Energy (Yes)

& Gravitational Field Energy (only soul exist)

In classical limit \vec{g} is the gravitational field and

$$\vec{F} = m \vec{g} \quad \text{under means vector.}$$

And of course, we do use Grav. PE
as for real E and

and energy is
conserved

in
these
classical
limit
case

But where
is that
energy?

Well for E -field
the PB is in the field
or we derived p. 3018-3020

$$U_E = \frac{\epsilon_0}{2} \int \vec{E}^2 dV \rightarrow P_E = \frac{\epsilon_0}{2} E^2$$

all space
localize
short

→ the field energy density
and this is true.
Similarly $P_B = \frac{1}{2M_B} B^2$

and I assume true for the
Nuclear forces (strong & weak
too)

But can be do this
for gravit.

mutatis mutandis

$$\epsilon_0 \rightarrow -\frac{1}{4\pi G} \quad (\text{p. 3011}) \quad \text{and} \quad \vec{E} \rightarrow \vec{g}$$

$$\rightarrow \text{and some derivation} \quad U_g = -\frac{1}{2} \frac{1}{4\pi G} \int_{\text{all space}} g^2 dV$$

(squeezing
out
mass
into
a
continuous
distribution
against
impediment.)

$$S30) U_g = -\frac{1}{2} \frac{1}{4\pi G} \oint g^2 dV < \text{Perfectly correct account of grav. PE}$$

But can we localise $P_g = -\frac{1}{2} \frac{1}{4\pi G} g^2$ True? No

The answer is no,

In setting up GR Einstein effectively had to dispense with the idea

cannot say so much here and so much there, I can say maybe this spec of ~~grav.~~ PE here, is aspect there — but it is a tricky job in GR may be useless = unmeaningful

TODAY: Fluctuate

Let's consider binary pulsar

about a binary pulsar
= you do it for me
it is not on
Gullat-71

mass-energy of momentum tells space-time how to curve and that tell mass-energy how to move under gravity not other forces

Field tensor Field

$$G_{\mu\nu} + T_{\mu\nu} = \frac{8\pi G}{c^4} T_{\mu\nu}$$

(to anticipate) $- 4\pi G \times 4 \text{ tensor } \text{PE} \rightarrow$ true at each point above GR level

Not going to talk about GR talk around it

as an energy density

which then implies

it has a negative inertia & negative mass

(Not all contributions are negative \rightarrow so many more positive)

Grav. PE being anywhere exactly

exists, but non-local \rightarrow no grav. field energy density

can be defined

fundamentally but you may do it as an approximation somehow

$\Delta U < 0$ but calculated same way we do



far enough to sum up local PE

grav. field Far off

$$g = -\frac{G(M_1 + M_2 + \Delta M)}{r^2}$$

But close too you need GR in strong grav. and the only mass-energy in GR is M_1 and M_2

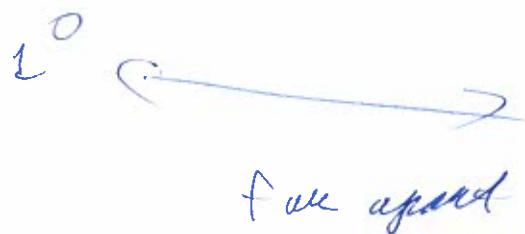
the true in Newtonian classical limit

Energy-momentum tensor Wilk

There is no grav. potential energy in it
the mass in the T_{μν} tensor

3036

Grav. PE
is not in GR
It can be
supplemented
as our
classical
way of
understanding
GR.



2

1

All the
difference
is in the LHS
the geometry
of spacetime

- close together but rapidly add size and at rest.
- Their contribution to the Net T_{μν} are unchanged (Penrose 1964 - 1965)

What happens to the pulsars
in spiral under GR effects

(an unperturbed Newtonian
2-body system is
perpetual, eternal,
no inspiral)

Well $\frac{g}{\text{far field}} = -G(m_1 + m_2 + \Delta U) \frac{1}{r^2}$ gets smaller

equivalent / - in ~~classical~~ GR terms mass energy
calculation is lost
in a sense but due to increase
but GR justifies the first $|\Delta U|$

So there is ΔU , but in GR terms
it can't be said there is so much
here or there except when far enough

3030b) away in far field

that
you can

say it's

localized relative to you.

(12)

Of course, where does the lost
non-localized energy
~~go~~ or ~~all decrease~~
increase

We say carried off by Grav. waves

True but Grav. waves

travel across the universe
and make no contribution

to the local $T_{\mu\nu}$ as they
travel \rightarrow unless they
deposit some by taking
and not re-emitting
 \rightarrow in true empty space

$$T_{\mu\nu} = 0$$

where the waves
travel. (Penrose - 466
caption
- 467 last
paragraph)

Do the Grav. waves
eventually deposit
exactly the energy they
carry off?

\rightarrow There is a GR proof that they do
in a specific case Bondi-Sachs
mass-energy conservation
law
But ^{this} not a general proof.
(Penrose 467-468)

In fact, GR does NOT
guarantee ordinary conservation
of energy as we'll discuss in a bit

- see p. 304 2

[303]

} And, in fact,
in cosmology
it ~~sometimes~~ fails
But all is not lost,

→ as far as we
can tell

unless you
say it is conserve
in some ~~way~~
~~to satisfy~~
unspecified
way to
satisfy your
physical
intuition

5x PB of spherically symmetric mass-distribution \rightarrow localize

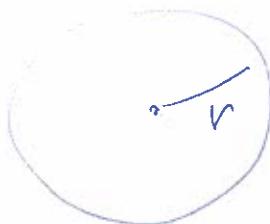
$$\text{So } U \approx \frac{GM^2}{R} \quad \begin{array}{l} U = \frac{1}{2} \sum_j \frac{m_i m_j}{r_{ij}} \\ \text{similar to p. 3018 for electric case} \end{array}$$

one can drop the ϵ
as insignificant

Exact

calculation for a uniform sphere

(a) by assembly, (b) from field energy



a)

$$U = -\int_0^R \frac{3GM^2}{R} x^4 dx$$

$$= -\frac{3}{5} \frac{GM^2}{R}$$

- so the crude estimate won't be bad.

$$dU = -\frac{GM(r)}{r} dm = \frac{Gm}{R} \frac{dm}{r}$$

$$dm(r) = \int_0^r \rho 4\pi r^2 dr$$

$$m(r) = M \left(\frac{r}{R}\right)^3 = M x^3$$

$$dm = \frac{3M}{R^3} x^2 dx$$

$$= 3M x^2 dx$$

b) Now from the g-field.

~~$$g = -\frac{GM}{r^2}$$~~

using field energy (p. 3029)

$$U = \int_R^\infty \frac{1}{2} \frac{1}{4\pi G} \frac{G^2 M^2}{r^4} 4\pi r^2 dr$$

$$= \frac{1}{2} GM^2 \int_R^\infty \frac{dr}{r^2} = \frac{1}{2} GM^2 \left(-\frac{1}{r}\right) \Big|_R^\infty = -\frac{GM^2}{2R}$$

~~$$g = -\frac{GM}{r^2}$$~~

caused

3632

Inside from Shell theorem

But does it really need so much PB or inside and so much outside.
I don't think so.
as again the classical exterior somehow generate at the center there exist some force.

$$g = - \frac{GM(r)}{r^2}$$

$$= - G \frac{M(r)^3}{r^2}$$

$$= - \frac{GM}{R^2} \alpha^2$$

use p. 3829
Pound

$$\begin{aligned} U_{\text{inside}} &= -\frac{1}{2} \frac{1}{4\pi G} \int_0^R \frac{GM^2}{R^2} \alpha^2 + \pi R^3 \alpha^2 dM \\ &= -\frac{1}{2} \frac{GM^2}{R} \int_0^R \alpha^4 dM \\ &= -\frac{1}{2} \frac{GM^2}{R} \frac{1}{5} \end{aligned}$$

This expression can only be true near classical limit I think.

So $R \gg R_{\text{Sch}}$.

But how much far field mass loss occurs in collapse to Black hole?

With count fine already now

$$U = U_{\text{outside}} + U_{\text{inside}}$$

$$= -\frac{GM^2}{R} \left(\frac{1}{2} + \frac{1}{10} \right) = -\frac{3}{5} \frac{GM^2}{R}$$

So we get the same answer.

What is the equivalent mass?

$$M_{\text{equivalent}} = \frac{U}{c^2} = -\frac{3}{5} \frac{GM^2}{Rc^2} = -\frac{3}{5} \cdot \frac{1}{2} \cdot \frac{R_{\text{Sch}}}{R} M$$

Recall Schwarzschild radius

$$0 = \frac{1}{2} m r^2 - \frac{GMm}{R}$$

$$R_{\text{Sch}} = \frac{2GM}{c^2}$$

$$= -\frac{3}{10} \frac{R_{\text{Sch}}}{R} M$$

$M_{\text{eq}} \rightarrow \infty$
 $(R \rightarrow 0)$

Is this right? If you collapse Sun to BH magically does it mass decrease by $-3/10 M_{\odot}$? Nah.

~~But~~ Not surprisingly, we find the mass equivalent M_{eq} only becomes comparable to the mass M

303;

if the sphere has radius of order the Schwarzschild radius $R_s = \frac{2GM}{c^2}$ (from metric ds² = g_{rr} dr²)

But does this formula mean anything? I don't think so at $R \rightarrow 0, M_{eq} \rightarrow \infty$.

Let us not let gravitational field grow.

Gravitational Field Energy in General relativity

It's sort of a tricky subject.

Einstein Field Equations \rightarrow Which gives the curvature of spacetime of space-time metric tensor $g_{\mu\nu}$.

Tensor of Differential Equations (precipitated at p.303) \rightarrow Universal true like all physics laws + true & everywhere but have to add by source of mass-energy

$G_{\mu\nu} - \Lambda g_{\mu\nu} = \frac{8\pi G}{c^4} T_{\mu\nu}$

Features

g) Einstein tensor

Wk GR: Einstein field equations

- embodies curvature effects

With GR: Cosmology

Space-time-metric tensor

the cosmological constant

3034) It's local \rightarrow i.e., it applies at each point in spacetime \rightarrow above the quantum gravity level \rightarrow wherever that takes over at small scale.

b) The left-hand side is curvature of space-time geometry
~~It's a determinant~~
 and the right-hand side is mass-energy and momentum effect.



~~That~~ $T_{\mu\nu}$ is the energy-momentum tensor.

In brief $T_{\mu\nu}$ tells space-time how to ~~move~~ curve and then the curvature tells mass-energy how to move due to gravity.

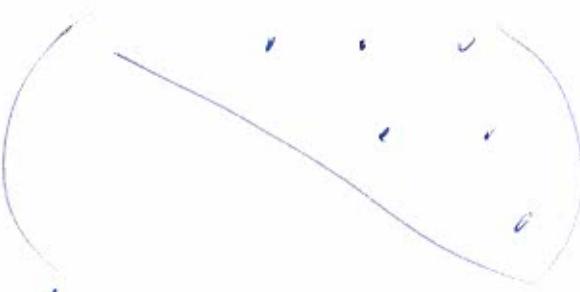
) The tensors correspond to 4×4 matrices but

are symmetric

3035

and

$$4+3+2+1 = 10$$



independent physical law \rightarrow what holds point-to-point eternally.

(Will) Einstein

field equations)

4 is for 3 space

and 1 time dimension
of spacetime

d) Conservation of Mass-energy and Perfect fluid

Follows from the demand

that

$$\nabla^\mu T_{\mu\nu} = 0 \quad ?$$

With Einstein summation

Energy
- Momentum
Conservation
Eq
(Carroll-120)
(Carroll-156)

in the
form
shown
here

Covariant
differentiation

(Carroll 97) (Weinberg-46
-105-10
-15)

Relativistic kind of differentiation

~~This~~ This conservation law
is a much glorified form

~~of~~

3036)

of mass & momentum
conservations

in the NR case the
continuity equation for mass

is $\frac{\partial \rho}{\partial t} + \nabla \cdot (\mathbf{v}\rho) = 0$

But

T^{uv} includes fields too

~~so it has~~ except the gravity field

So it has forces included
except the gravity force.

(see Weinberg 45-46
& 360ff)

For a perfect fluid in the

SR limit

$$T^{uv} = \rho u^u u^v + (p + \rho) U^u U^v$$

$$u^u = \begin{pmatrix} -1 & 0 & 0 & 0 \\ 0 & 1 & 0 & 0 \\ 0 & 0 & 1 & 0 \\ 0 & 0 & 0 & 1 \end{pmatrix}$$

If it was
there'd be
negative
mass
see p. 3630

the SR
metric tensor
Weinberg 26

Weinberg
-48

right?

Perfect fluid is used in
several ways

(3037)

a) a general way is a fluid

that is isotropic if you are

moving with a fluid element.

b) In cosmology: No turbulence, Weinberg - 47

~~In cosmology~~: No turbulence, we will be more restricted, no turbulence

Definition

With characterized only by

rest frame mass density $\rho = \rho_0 c^2$

and pressure $P = P(\rho)$

$$T^{UV} = \begin{bmatrix} \rho & 0 & 0 & 0 \\ 0 & P & 0 & 0 \\ 0 & 0 & P & 0 \\ 0 & 0 & 0 & P \end{bmatrix} \rightarrow \text{EOS, no diff on } T(P) \rightarrow \text{diag } (\rho, P, P, P)$$

In cosmology one often

uses parameterization $P = w \rho c^2$ can make c^2 disappear $P \rightarrow P'$

With perfect fluid Liddle - 123
Thus if for U^a

where w seems

to have no special value

EOS parameter?

$$P = P(\rho)$$

is general equation of state (EOS)

$w=0$ for "dust" = pressureless

matter (L - 90)

Essentially in cos.

Stars, galaxies, cosmic dust, gas \rightarrow even if it doesn't have pressure but it has energy

Temperature T
heat energy just contributes to P for this perfect fluid.

3038) $w = \frac{1}{3}$ for radiation
 \Rightarrow extreme relativistic stuff

$w = -1$
 for cosmological constant $L = 10^7, 57$
 equivalent Dark Energy

$w = \text{a fraction of a scalar field viewed as a perfect fluid}$
 (With: EOS cosmological)

Quintessence (With: Quintessence)
 is a particular theory of dark energy to cause acceleration of the universe

and w can just be used as a free parameter in cosmology

LCDM has $w = -1$
 wCDM has w as a constant free parameter

c) Conservation of Mass-Energy
 energy-momentum conservation eqn (Carroll-120)
 $\nabla^\mu T_{\mu\nu} = 0$ (Carroll - 97)
 (Wenberg - 96, 105-107, 153, 156)

is what GR gives us for conservation of energy — that's it.

303

Perha^s conservation of energy applies only when our energy results can be speeded up when of it moves

Recall the gravitation field energy is excluded from $T_{\mu\nu}$

"integral" of the motion comes possibly to energy (Carroll-120) in general

Where is it?

We'll in a sense it grav. field energy and the gravitational force is encoded in the left-hand side of Einstein field equations

encoded then in curvature of spacetime

$$G_{\mu\nu} + \Lambda g_{\mu\nu} = \frac{8\pi G}{c^4} T_{\mu\nu}$$

(Wiki-Einstein field equations)

In developing GR Einstein was guided by the idea that since

$$\nabla^\mu T_{\mu\nu} = 0$$

to give en-mo-constant in a relativistic sense.

$$\text{then } \nabla^\mu (G_{\mu\nu} + \Lambda g_{\mu\nu}) = 0$$

3040) So he had to find the right tension to determine the geometry of spacetime $G_{\mu\nu}$

the Einstein (^{Mink}
^{Einstein}
tension tensor)

For ^{dear} good
reasons,
only terms
that are linear

The $\Lambda_{\mu\nu}$ was added
on as an after thought
for cosmology
for reasons
we'll discuss later

in 2nd derivative of $G_{\mu\nu}$

or quadratic in 1st derivatives of $G_{\mu\nu}$
can appear in $G_{\mu\nu}$.

↳ Replaced by p. 3030-3030c

Penrose 464-467
pp. 467-469

3rd
order
but
can
in
bottom
line

F) Gravitational Field energy is non-local

As we know, it is needed on the left-hand side of the Einstein field equations, on the curvature of spacetime.

So you can't write down a density for it: e.g., like electromagnetism

3039

$$P = -\frac{1}{2} \frac{1}{4\pi G} g^{\mu\nu}$$

$$\text{See p. 3017 } E = \frac{1}{2} E_0 E^2 + b_0 B^2$$

or $\nabla^M T_{\mu\nu} = 0$ itself. (304)

~~This is a theorem~~

Is energy-momentum conserved by GR? \rightarrow not moment by moment at least in start to end of process.

It can't be proven generally (von nose-467)

but it can in special cases.
e.g. a asymptotically flat system

- removes from the gravitational mass-energy one has flat space-time.

Then the Bondi-Sachs mass-energy conservation law can be proven from GR

e.g. in

Binary
Pulsar
case

It gets
damped somehow

The energy-momentum carried by grav. waves equals the energy lost by some account of local Grav PB.

3042) Note the above waves
 travel through empty space
 in the sense that there is no matter or energy density.
~~Left side~~
~~Right side~~
~~Left side~~
~~Right side~~
 LHS = C
 RHS = 0
 gives geometry

- 9) Does GR conserve energy generally?
- as said above it can't be proven generally.
 - some ^{skeptics} hope this will be restored somehow.

But others think we may have to live without it (Carroll - 120).

A good reason for this is cosmological models don't conserve energy.

- to explicate matter which only moves with expansion of universe.
- $\text{matter} \propto \frac{1}{a^3}$ where a is the cosmological scale factor

Space expands as $a(t)$ (30'43)



— Bound systems
do not expand but
the space between them grows

Now $P_{\text{matter}} \propto \frac{1}{a^3}$ can be (Li-47)
argued
to conserve
mass-energy

But $P_{\text{radiation}} \propto \frac{1}{a^4}$ (Li-42)
where does the "radiation" energy
go?

→ I used to say it goes into
the expansion of space, but
and what does that mean?
It is just gone from the
description.

And then there is the cosmological constant
dark energy. to account for the
acceleration of the universe

$P = P_0 = \text{constant}$
in the simple theory

~~It has no gravity
It's gone
as gravitating mass~~

~~emission
does photon
loss due to
redshift just
because P_0
is quasi derived
relation sense?~~

3044] But this means as space expands it grows.
Maybe there is some ~~any~~ way to save ^{space} conservation of energy but maybe no.
 There's a theorem \rightarrow Noether's theorem which shows energy should be conserved under time invariance
 \hookrightarrow but an expanding universe doesn't have time (Carroll-120) invariance ~~Noether~~ in any obvious way. Carroll 120
 Δ upshot GR gives us $\nabla^\mu T_{\mu\nu} = 0$ as our energy-momentum conservation law and if ~~it's~~ ~~is~~ insofar as GR is true we may have to live with that.
 Of course, we expect GR or whatever is the true macroscopic theory of gravity

density
 energy
 conservation
 by in classical
 in SR
 limit

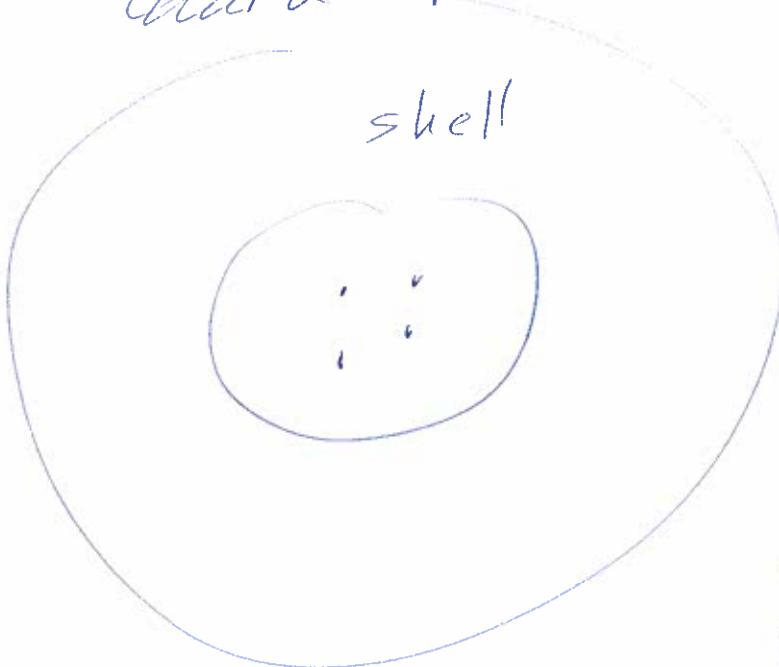
to emerge at the macroscopic [304]
limit of quantum gravity whatever
that is.

Shell Theorem + ~~Birkhoff Theorem~~

→ recall p. 3011-3014

One aspect is

that a spherical shell has no
grav. effects on the cavity.



But what
of the shell
is infinite?

A consideration
for Newtonian
cosmology.

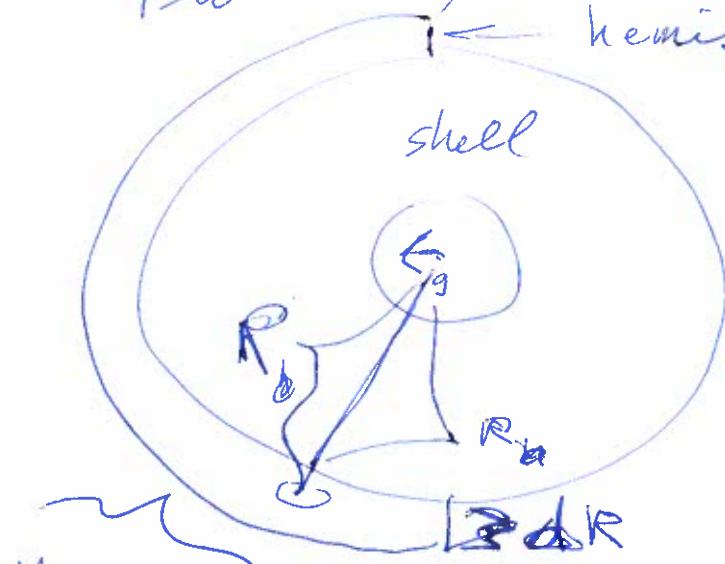


If one just extends
the shell to infinity,
it seems the shell theorem
should still hold since it does

3046

for any step along the way.

But say we had



$$M_h = 4\pi R_h^2 \rho$$

holding & fixed

- the hemisphere will create a gravity field in the cavity.

- Now what if one increases shell and and the ~~bottom~~ hemisphere holding ~~dR~~ fixed.

- each layer of the shell grows as R_h^2 in area which cancels the $\frac{1}{R_h^2}$ decrease of Newtonian gravity.

So the

g_{outer}

$$g_{\text{outer}} = f \int_R^{R_h} \frac{GM}{r^2} dr$$

$$g_{\text{outer}} \neq f \frac{GM_h}{R^2} = f \frac{G(4\pi R_h^2 \rho)}{R^2}$$

geometric factor

$$= f G(4\pi \rho)$$

= constant.

In this case the ~~dom~~ is always a net force in the cavity.

and that would be the limit as $R \rightarrow \infty$.

[3047]

So the limit of extending a shell around the spherical cavity to infinity depends on the ~~mass~~ shell's mass distribution even if an ~~it~~ going to infinity part of it is spherically symmetric.

Upshot there is no Newtonian physics solution to an infinite universe full of infinite mass without extra ad hoc hypotheses — ad hoc relative to Newtonian physics alone.

→ Which is what Milne & McCrea did in 1934 (p. 3002 of Bowditch). Relative to GR their hypotheses are valid.

3048)

However the most natural ad hoc hypothesis is that the Shell Theory



extension to infinity is best.

However Newton himself in unpublished work gave up on finding a static infinite uniform density on average universe (No - 376)

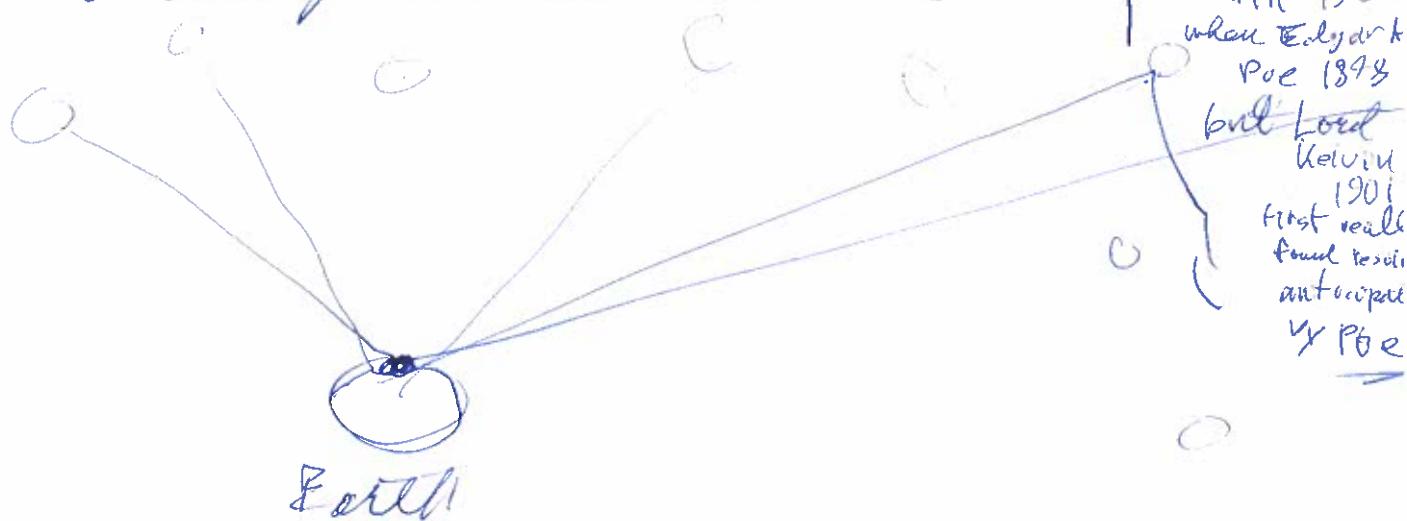
It doesn't sound like he tried very hard, but one must always remember his math tools were primitive

- He was also aware of Olbers paradox
- A static eternal ~~full universe should~~ universe full of stars should have a sky star brightness ^{surface}

Thomas D'Agost Keppler even earlier (WIK)

Edmund Halley in printing 304^c
never discussed it before
the Royal Society — in 1721 with
79 year old Newton presiding
as president (No-377)

From a casual perspective, it
is easy to understand.



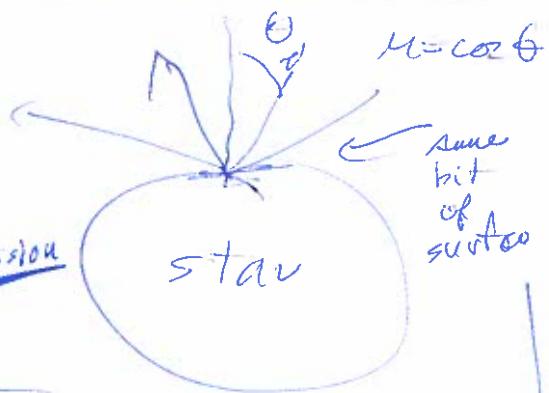
- In every direction, you observe
a pencil beam of light from
a star surface \rightarrow all the photons
coming your direction — so you are
fried.
In modern radiative transfer
terms

$$I = \frac{E}{\text{Int Area} * \text{freq} * \text{Solid Angle}}$$

No spreading
out in the
picture
geometrical opt

3050)

~~star~~
assume I is isotropic on emission



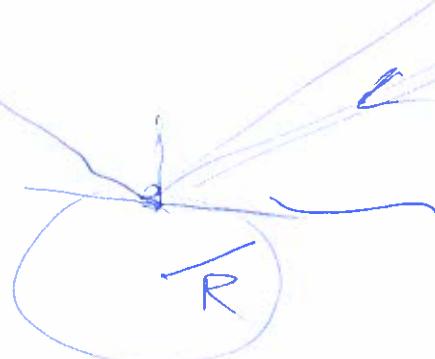
Flux = $\int I A d\Omega$
from a
surface
of a
star

$$= 2\pi \int_0^1 I d\mu d\Omega$$

$$= 2\pi \int_0^1 \frac{I}{2} \mu^2 d\Omega$$

$$= \pi I$$

But receiver on Earth



atmospheric
spread

yes
but
stars
may
be
at
different
distances
and orientations

different bits of
surface → Bush
by power

$$F_{\text{atm}} = 2\pi \int_{-1}^1 \sum I d\mu d\Omega$$

$$= \pi I$$

Total input

$$L = 4\pi R^2 F_{\text{atm}}$$

$$= 4\pi R^2 \frac{L_{\text{star}}}{4\pi R_{\text{star}}^2}$$

$$= \left(\frac{R}{R_{\text{star}}}\right)^2 L_{\text{star}}$$

measures
one
so why
it makes
no
difference

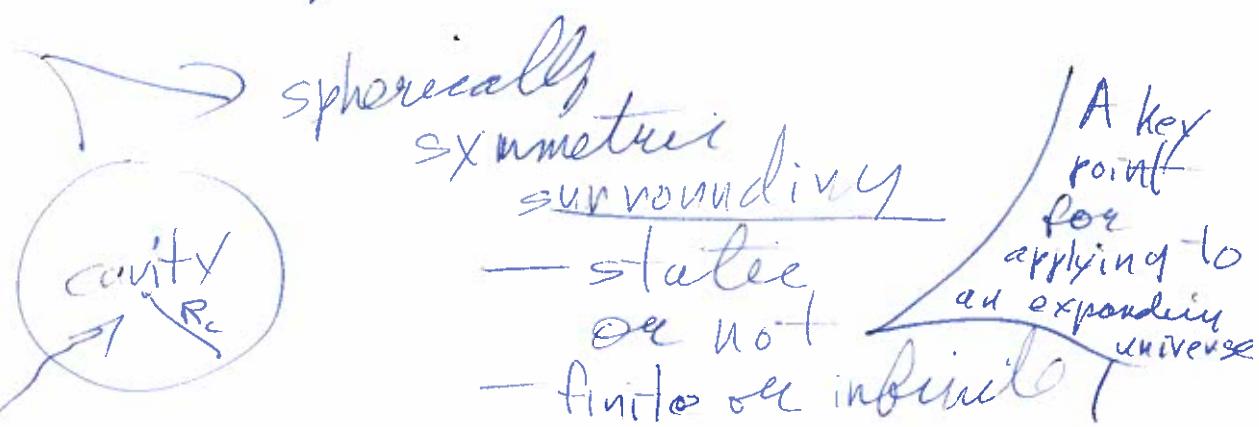
Birkhoff's Theorem

(305)

So Newtonian Physics is ambiguous for an infinite universe.

↳ homogeneous & static or not.

GR measures up with Birkhoff's theorem which among other things says given



$R_c \ll R$ leaves the cavity flat Minkowski space

so frames

Gaussian curvature radius
CL-12-13

which in the Λ -CDM model is infinite

that don't rotate

Weinberg - 338

- 474

but we don't know if that model can be applied to infinite

~~or coordinate~~ relative to the

surroundings are in free fall

are inertial frames

with inertial forces

Weinberg - 474

With inertial force you can make my local frame

So as long R_c is sufficiently small and the motion contents are in the classical limit and we can use Newtonian Physics.

which does span velocity in inertial frame \rightarrow classical \rightarrow between no c

3052]

and remarkably we
can derive the Friedman
equations \rightarrow ~~But really not
because then~~

- Is this just a lucky accident?
 - Wells (2014) shows that it should be so \rightarrow but it takes a lot of work - so we won't do that.
- if you have radiation and $\Lambda \neq 0$
- ↓
then yet another special hypothesis is needed
arguably natural

By the way Birkhoff's theorem
is analogous to the shell theorem
in another respect



exterior
core

outside of a spherical symmetric mass-energy distribution one gets the Schwarzschild metric

of any kind static or moving

so the mass could be replaced by a point mass or black hole.

Weinberg-337

If you are far enough 3063
away, you are in the
classical limit and Newtonian
gravity & dynamics physics applies.

Why does it not matter ~~exterior~~
for cavity and the ~~other~~ case
that the ~~externally symmetric~~
mass-energy can be
moving.

- I can't give a full answer.
But no gravitational waves
to infinity can escape ~~out~~
from inside a pulsing spherically-
symmetric mass-distribution
and so they can't affect the
spacetime geometry of the cavity
or exterior case.

Quiz Discuss p. 3063 ff

in GR ~~velocity~~ only J
~~between~~ one true mythical absolute
~~only~~ time inverted frames are J
free fall frames space
so it emerges that Newtonian physics in an local inertial
does have velocities in ~~a~~ a local inertial frame more or less
frame and between them between them the N
can do happen

3064

Linear Force

Q is the point "here"

+ve repulsive

-ve and you have the SHO force

This sort of turns up in cosmology because you can derive in the Newtonian derivation the cosmological constant effect.

But it may just be an ad hoc

pedge. I don't know, but it's worth a bit of look at

i) First curious point (Wk)

Bertrand's theorem shows that only two central force laws give all bound orbits as closed.

$$a) F = -\frac{k}{r^2} \hat{r}$$

$$b) F = -kr \hat{r}$$

$-k = Q < 0$

the RHO force.

Of course any central force law gives bound circular orbits

Radial harmonic oscillator
RHO

Weird aspect
RHO

$r \neq 0$
which means
shouldn't let
 $r \rightarrow \infty$
but we will
anyway

law like
gravity &
coulomb's law

Really
 $F_{\text{centrifugal}} = \frac{mv^2}{r}$
 $F = ma$
 specifically
 for form
 uniform
 circular
 motion

$F_{\text{central}}(r) = -\frac{mv^2}{r}$
 anything.

(30/65)

But (a) & (b) case
 with Brontëan's
 Then: Radia
 Hamlet
 Oscar
 RH

- elliptical
 orbits
 with ~~force~~
 source at
 one focus



- also elliptical
 orbits
 but the
 force center
 at the geometrical
 center



And showed
 that other
 central force
 laws that
 he looked at
 didn't

I recall that Newton
 when investigating
 central forces laws in
 Book I of the Principia (1687)
 showed this - in his
 old-fashioned klutz
 formalism

But it was beyond
 his techniques to prove there were only
 (a) & (b)

3056)

Both kinds of orbit
have neutral stability



stable



unstable



metastable

really all
stability
is metastable
since with
enough perturbation
anything disrupts

Neutral
stable

the particle will
be moved by perturbation displacement
but won't go off to infinity

In case of orbits, a perturbation
changes them but only "proportional"
^{(a) & (b)}
to the perturbation.

There was a paper I looked at
once that discussed the
deep meaning of odd symmetry between
the inverse-square force &
the RHO force, but
NASAADS never a blank
too, I forgot to make a note of it

ii) Shell Theorem for the linear 3057

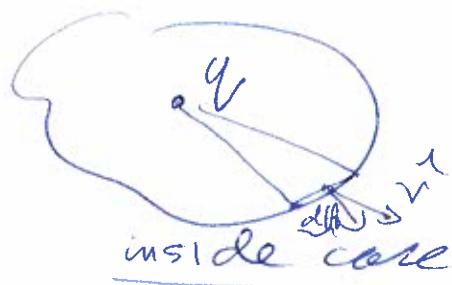
$$\mathbf{F} = q \frac{\mathbf{r}}{r^2}$$

"charge" could be +ve or -ve

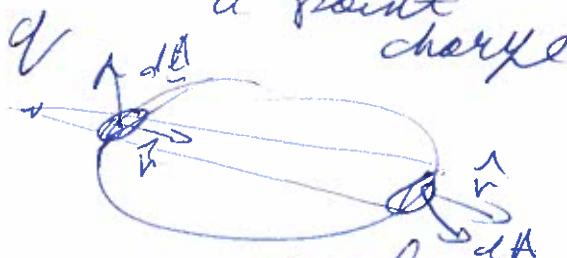
{ Assuming ideal
but it
extends
to infinity
and doesn't
turn off }

force

Consider closed
surfaces and
a point charge



inside case



outside case

Divergence theorem again (With Divergence Theorem)

$$\oint \mathbf{F} \cdot d\mathbf{A} = \underbrace{\int \nabla \cdot \mathbf{F} dV}_{\text{over whole enclosed volume}}$$

$$\nabla \cdot \mathbf{F} = \frac{1}{r^2} \frac{\partial}{\partial r} (r^2 F_r)$$

$$\nabla \cdot \mathbf{F} = \nabla \cdot (q r \hat{r})$$

for spherical polar coordinates

$$= \frac{q}{r^2} \frac{\partial r^3}{\partial r} = 3q$$

(With Divergence)

It's constant everywhere from $r=0$ to $r=\infty$,

$$\oint \mathbf{F} \cdot d\mathbf{A} = 3q V$$

Volume enclosed by the surface

In general $\oint \mathbf{F} \cdot d\mathbf{A} = 3VQ$ ~~where Q is the sum of all point charges everywhere in space~~

~~inside or outside~~ ~~everywhere in space~~

30/58

Gauss law "analog
for linear force.

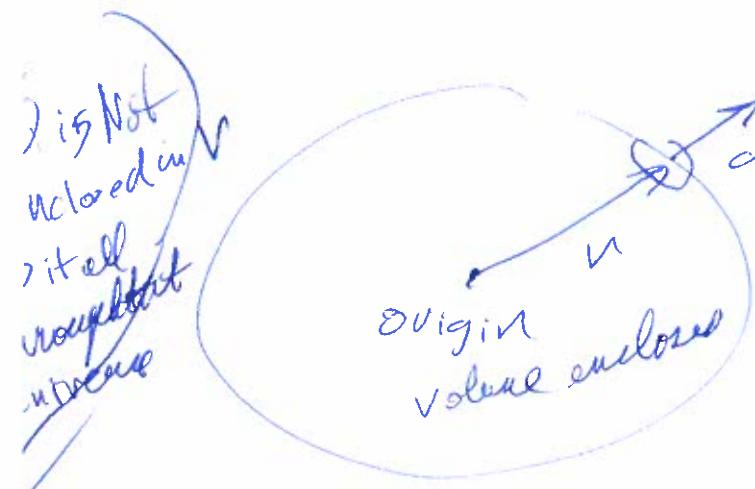
$$\oint \mathbf{F} \cdot d\mathbf{A} = 3Q$$

surface encloses volume V

~~Total charge~~
Total charge anywhere
- sum of all point charges
- inside and outside.

for the Shell Thm analogy

assume Q is distributed with spherical symmetry about the origin.



$\oint \mathbf{F} \cdot d\mathbf{A}$ for a spherical Gaussian surface

$$= \oint \mathbf{F}(\hat{r}), d\mathbf{A} = \pm 4\pi r^2 F$$

magnitude upper case outward
lower case inward

$$\therefore \pm 4\pi r^2 F = 3VQ = 3Q \cdot \frac{4}{3}\pi r^3 = Q 4\pi r^3$$

+ for $Q > 0$ must be for equality.
- for $Q < 0$

$\therefore F = Q r \hat{r}$ shell theorem analog.

\hat{r} $Q > 0$ point out
 $Q < 0$ point in

The net force is just as if the spherical distribution were concentrated to a point,

But what if the charge (3059)
distribution were spread evenly
thru infinite space

$$Q \rightarrow \infty ?$$

We've ~~flummoxed~~

But there's the old renormalization
trick. If a quantity goes to ∞ ,
just make it a free parameter
and set it to what you want.
Justification = fudge

or your theory is an
emergent theory - a correct
limit of a more general theory
you don't know, but if
you did, you could take
the limit.

What is the cosmological constant
force?

→ If you write it

in the classical limit as a force

$$\text{it } F_{\text{ext}} = \frac{\Lambda}{3} m v^2 \text{ where } m \text{ is mass of test particle}$$
$$V = \frac{1}{2} \frac{\Lambda}{3} m v^2 \quad Q \rightarrow \text{our } Q \quad \Lambda \text{ is Einstein's cosmological constant}$$

3060]

But perhaps this linear force perspective is NOT a fundamental one and it is unfruitful from understanding at a deeper level.

a) For one thing, how does Birkhoff's theorem apply to such a linear force?

Work-Energy Theorem

+ configuration of body

- Classical result.

- but we can use it since Birkhoff's theorem permits & apparently GR in the weak field low velocity limit.

For another thing - from like gravity - so much it really is gravit in a way we'll see!

Just assume we can use the linear force. Maybe something trick or on p. 308

Start with $F_{\text{net}} = m \ddot{a}$ for a particle

$$\begin{aligned} dW &= F_{\text{net}} \cdot ds = m \ddot{a} \cdot ds \\ &= m \frac{d\dot{v}}{dt} \cdot v dt \\ &= \frac{1}{2} m \frac{dv^2}{dt} \end{aligned}$$

$dW = \pm m dv^2$

(306)

$$W = \Delta KE$$

Work-Kinetic
energy
theorem.

$$W = W_{\text{con}} + W_{\text{non}}$$

A conservative
force

$$\underline{F} = -\nabla U$$

a potential energy
— an energy of position
in some sense

as discussed p. 301 & ff

$\oint \underline{F} \cdot d\underline{s}$

$$\rightarrow \underline{F} \cdot d\underline{s} = -\nabla U \cdot d\underline{s} = -\Delta U$$

along path

$$W_{\text{con}} = -\Delta U$$

$$W = -\Delta U + W_{\text{non}}$$

mechanical energy

$$\therefore \Delta E = \Delta KE + \Delta U = W_{\text{non}}$$

$$\text{if } W_{\text{non}} = 0, \Delta KE + \Delta U = 0, E_{\text{mech}} = \text{KE} + U$$

$$\text{or } \Delta KE = -\Delta U$$

can be
much
broad

Work-Energy
theorem

Recall intro
physics mechanics
mostly conservative
given speed
and body
int not
S(C)

Next to do for the
from $F = ma$

3062a/

3.1 Friedmann Equation

We've had a long warm up with various bits of physics and considerations

Jump to p. 3062 b
Considered an ~~infinite~~ Unbounded, homogeneous isotropic universe

We only know of curvature of 3-d space from GR — let's say it's finite — that means the space can be flat or roundless like infinite plane → Called a 3-sphere (Wiki: n-sphere or hypersphere)

An ordinary sphere is a 2-sphere.

We consider a ~~2-sphere~~ small enough region that 3-d space is flat or Euclidean.

Inertial Frames

306:

are frames with respect to which all physical laws are defined — except in our modern view, GR which tells us what inertial frames are.

- You could quibble about this \rightarrow e.g., what of the 2nd law of Thermodynamics \rightarrow but after quibbling...

GR tells us they are free-fall frames

But
 all
 such de
 not
 rela
 with
 respect
 observ
 user
 scale

\hookrightarrow under mass-dependent
 forces
 gravity
 cosmological constant
 force \rightarrow important
 on cosmic
 scale
 inertial forces
 in non-inertial frames

let's
 just concentrate
 on this case
 not to go down the
 rabbit hole of
 generality

I invented the nonce term
COMFFI frame

center-of-mass-free fall frames Just in NRbun
 (which planet people know more about than me)

- System of particles
- could be anything
 - ~~not~~ a grav. bound system
~~e.g. planetary system~~
 - a pressure-supported system
~~(e.g. planet, star)~~

$$\textcircled{1} \quad \sum_j F_{ji} + F_{ei} + m_i g_i = m_i a_i$$

sum of forces
 on particle i
 grav and all other
 internal force

all external forces
 except gravit

Just external
 gravity

mat of particle i
 accelerates
 relative
 to some
 ex. frame
 we will
 make it
 disappear

3064] sum over i

$$② \sum_{ij} F_{ij} + \underbrace{\sum_i F_{ei}}_{F_e} + \underbrace{\sum_i m_i g_i}_{m \left(\frac{\sum m_i}{m} \right)} = \underbrace{\sum_i m_i g_i}_{m a_{cm}}$$

\oplus by pairwise cancellation of 3rd law
(recall in classical limit)

Now $\frac{①}{m_i} - \frac{②}{m}$

$$\sum_j \frac{F_{ij}}{m_i} + \frac{F_e}{m_i} - \frac{F_e}{m}$$

$$+ g_i - g_{ave} = a_i - a_{cm} = a'_i$$

if $F_e = 0$, $a_{cm} = g_{ave}$

relative to CM

$$g_{t+i} = g_i - g_{ave} = (g_i - g) - (g_{ave} - g)$$

tidal force

gravitational field at CM

$$= \frac{\sum M_i (g_{ave} - g)}{m}$$

$$g_{t+i} \sim -\frac{GM}{r_{cm}^3} \left(\frac{1}{1 + \frac{m_i}{M_{cm}}} \right)^2 - 1$$

$$\approx -\frac{GM}{r_{cm}^3} \left(2 \frac{\Delta r}{r_{cm}} \right)^2 - \frac{GM}{r_{cm}^3} \Delta r_i$$

Note worst case for g_{t+i} tidal force

$$\int \frac{G P}{r_{cm}^3} 4\pi R^2 dm \approx \ln \left(\frac{r_2}{r_1} \right)$$

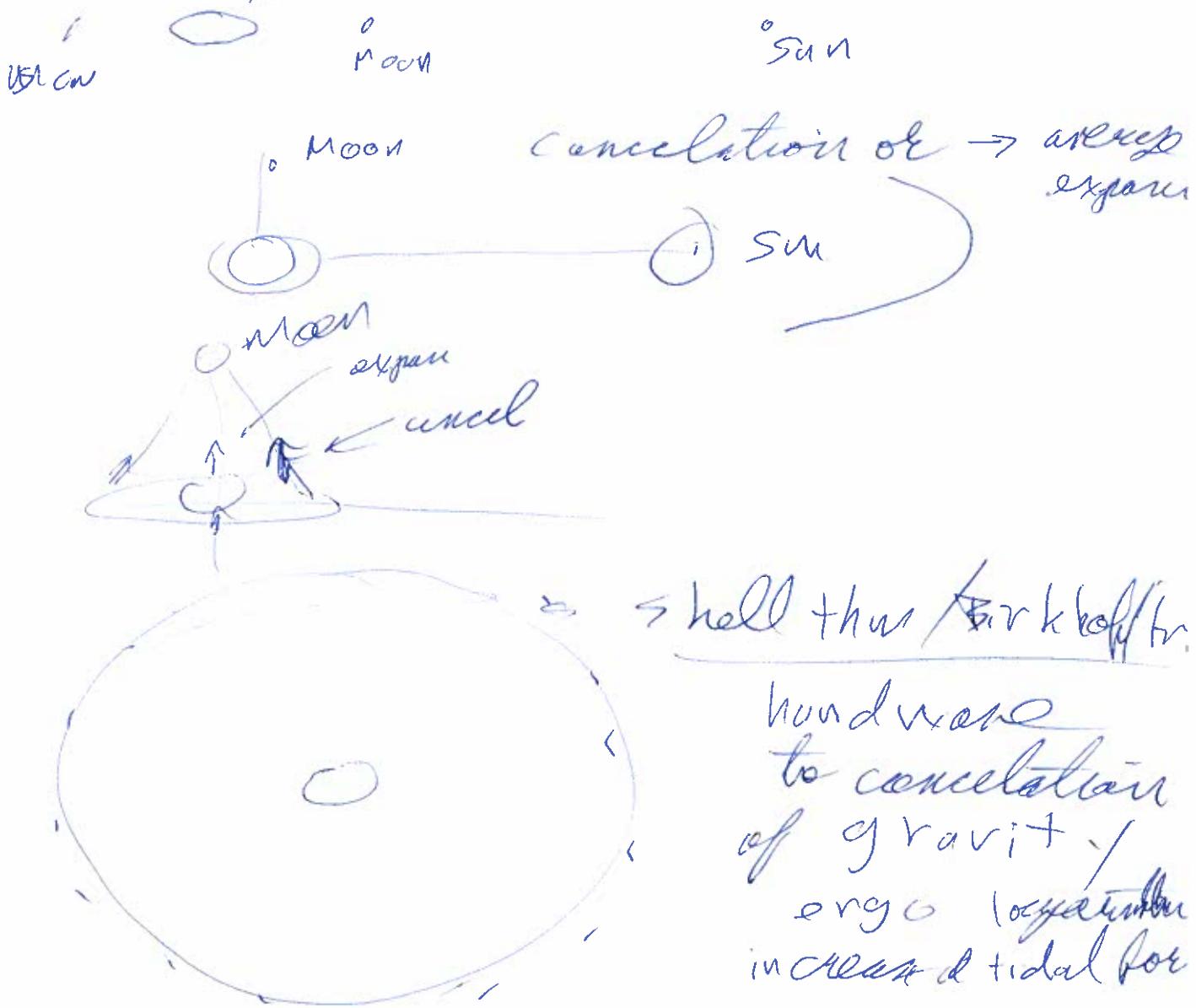
logarithmic divergence
it actually converges to zero RT

This can be used to calculate tidal bulges and the like (make a homework question someday)

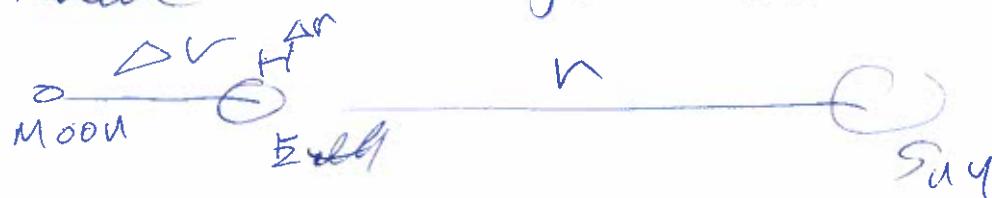


often very small for spherically symmetric bodies and can be set to zero to 1st order for stars/planets

But does tidal force average to zero? [306]
 ✓ spring tide, Not low



When is tidal force important



$$\text{Factor } \frac{\Delta r}{r^3} = \frac{2 \times 10^{30} \text{ kg}}{(1.5 \times 10^{11} \text{ m})^3} \Delta r$$

$\approx 5 \times 10^{-3}$ or $\approx 3 \times 10^{-3}$

Δr = scaled tidal force

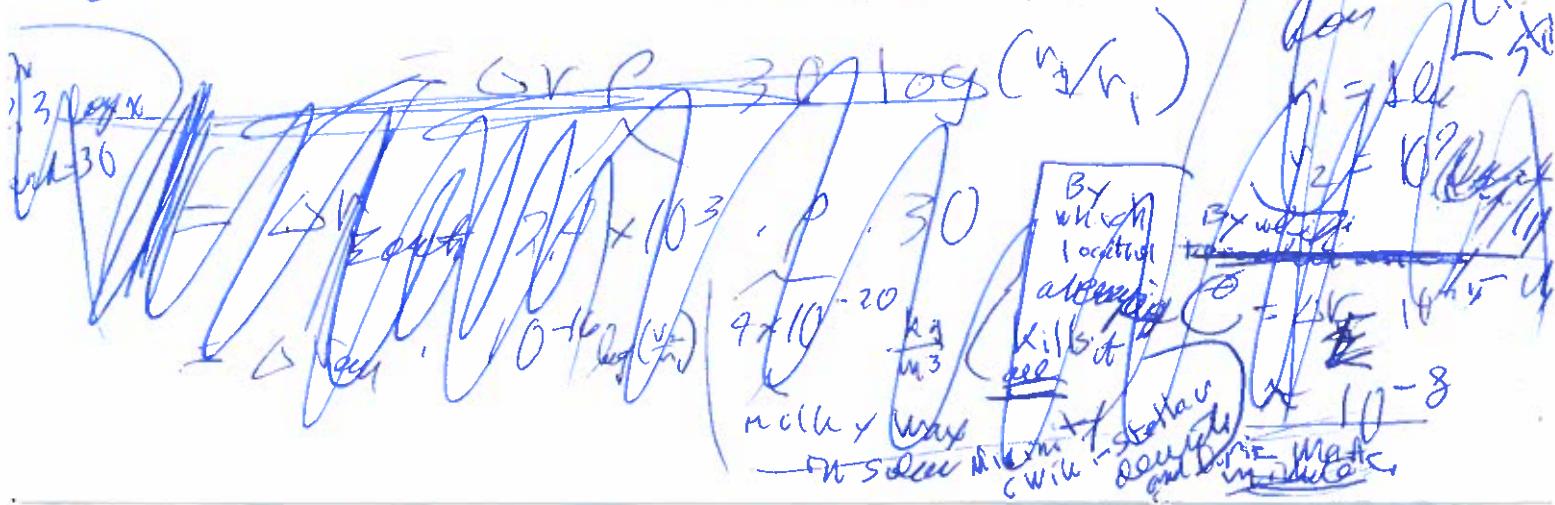
3066] for $\Delta r = 6370 \text{ km} \approx 10^7 \text{ m}$
 g_{\oplus} generates tides $\approx 1 \text{ m}$
 in open ocean
 Could calculate this to order of
 (Make a problem some day)
 counting Sun & Moon
 Sun alone $\approx \frac{1}{3}$ w

$\Delta r \approx 60 \times \Delta r_{\text{Earth}}$ orbit
 bigger \rightarrow probably a significant
~~error~~ $\approx 1.5 \times 10^5$ perturbation, but there are others
 (oblateness of Earth & Moon,
 other planets)

What of Earth stars in ~~Milk Way~~
 and cosmology

$$\Delta r \int_{r_1}^{r_2} \frac{P}{r^3} 4\pi r^2 dr \quad \left\{ \begin{array}{l} \text{upper limit} \\ - \text{no cancellation} \end{array} \right.$$

$$C = \Delta r P 4\pi \ln\left(\frac{r_2}{r_1}\right)$$



$$C = \Delta V \cdot P \cdot \frac{4\pi \cdot d \cdot 3 \log(v_{zh})}{m^3} \quad (306)$$

$$30 \cdot 4 \cdot 10^{-20} \\ = 10^{-18}$$

$$P_{crit} = 10^{-26} \text{ kg/m}^3$$

$$\ln \propto \\ \approx 3 \log_1$$

$$P_{EW} = 4 \times 10^{-21} \text{ kg/m}^3 \quad * 10 = 4 \times 10$$

C upper limit

$$C = \Delta V \cdot 10^{-18} \cdot \log(v_{zh})$$

say $\frac{1 \text{ GJy}}{1 \text{ Jy}} \sim 10^9$

$$= \Delta V \cdot 10^{-18}$$

so even with
No cancellation
due to spherical
averaging
(shell/Birkhoff
theorem)

Recall
Sun tidal
force at
Earth

$$C \sim 5 \times 10^{-3} \Delta V$$

So tidal
force of rest of universe
on whole solar system <<

$$\Delta V \cdot 10^{-18}$$

or $\sim 100 \cdot 1 \text{ AU}$
 $\sim 100 \cdot 1.5 \times 10^{11}$
 $\sim 1.5 \times 10^{13} \text{ N}$

is minute even in
part overestimate

366 b)

What of on Galaxy scale ?

- Actually we know tidal forces are significant in these cases since interacting galaxies show tidal tails.
(e.g., Mice Galaxies)

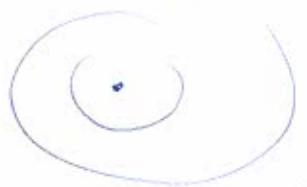
So tidal force of sun & planets
 in planetary system important
 but not that of rest of universe.

3067

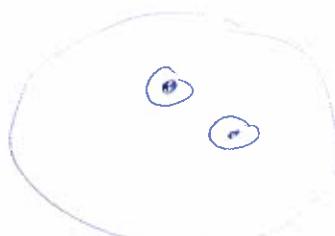
Some true of all isolated planetary system

a) Planetary System isolated

COPPER



single star



frame each

binary

free fall in average of universe,
but no tidal force from outside
 significant

~~So~~ and no other F_i significant
 → pressure

So equation

— magnetic field

Earth in free fall
 so own inertial frame defined by M
 → but we have inside rotated on surface

$$\sum_j \frac{F_j}{m_j} = a'_j$$

No need to consider a_j at all,

gravity + internal pressure support

3063)

This was known to celestial mechanics people from Newton on
on they wouldn't have got the right answer

But up until GR in 1915

People thought of Newton's absolute space

↳ One unique inertial frame
→ those not accelerated with respect to it.

For COMFF frames → they thought of a noninertial frame - Gal - Galilean frame

minus acceleration - down, $\vec{a}_M = -\vec{a}_{Gal}$ now as an inertial force to cancel gravity field.

Both perspectives

at give some classical answer

But GR perspective is the true one

(not just a classical limit since there is no absolute space but absolute rotation of observable universe)

W) specialize to 2-objects in
that case (a)

30B

$$\frac{F_{12}}{m_2} = \underline{\alpha'_2}, \quad \frac{F_{12}}{m_1} = \underline{\alpha'_1}$$

Relate

$$\underline{\alpha'_2} - \underline{\alpha'_1} = \frac{F_{12}}{m_2} - \frac{F_{12}}{m_1}$$

$$= F_{12} \left(\frac{1}{m_2} + \frac{1}{m_1} \right)$$

$$= F_{12} \frac{1}{M_{\text{reduce}}}$$

c) Rocket in space

old friend

Here we want $\underline{\alpha}$ in \mathbb{D}

$$\underline{F_e} + \underline{m g_{\text{ave}}} = \underline{m a_{\text{cm}}} \quad \text{from p. 3069}$$

- rigid object

field so uniform
that just $\underline{g_{\text{ave}}} = \underline{g_{\text{cm}}} = \underline{g}$

For a rocket, the ~~the explosion~~ ejected burning fuel is ~~the~~ provides the external force on the rocket.

'070} Actually in this case the mass is actually being lost and you have to use the more general since rocket mass changes.

In 1-dimension

$$\frac{dP}{dt} = \cancel{\frac{dm}{dt} v} + m \frac{dv}{dt} = N_{ex} \frac{dm}{dt}$$

Set to zero

$$F_{\text{ext}} = N_{ex} \frac{dm}{dt}$$

~~Force~~ - F_e must be exerted on fuel to make it move at $-N_{ex}$ relative to rocket.

So F_e exerted on Rocket and force is reference frame invariant.

$$m \frac{dv}{dt} = (v_{ex} - v) \frac{dm}{dt}$$

$$\frac{dm}{v_{ex} - v} = \frac{dm}{m}$$

$$- \ln(v_{ex} - v) = \ln(m) \Big|_{t_0=0}^{t_0}$$

~~$\ln\left(\frac{v_{ex}-v}{v_{ex}}\right) = \ln\left(\frac{m_0}{m}\right)$~~

$$v = v_{ex} -$$

By conservation of momentum

~~$F_e = N_{ex} \frac{dm}{dt}$~~

rocket parameter

From ref

in motion

~~$v = (v_{ex} - v) \frac{dm}{dt}$~~

$(v_{ex} - v)$ is relative velocity

ejected fuel

inertial reference frame

Let's set $\cancel{mg} = 0$, so (307)
 zero gravity or we measuring
 with respect to a local
 free-fall inertial frame.

$$F_{\text{ext}} = ?$$



How momentum flow
 is ~~time~~ frame-dependent
 but not force
 Thus this is also force
 of rocket on ejecta

$$\begin{aligned} \therefore F_{\text{ex}} &= -(-N_{\text{ex}} \frac{dm}{dt}) \\ &= N_{\text{ex}} \left| \frac{dm}{dt} \right| \\ &= -N_{\text{ex}} \frac{dm}{dt} \quad \text{since } \frac{dm}{dt} < 0 \end{aligned}$$

momentum flow
 from ejected fuel
 $= -N_{\text{exhaust}} \left| \frac{dm}{dt} \right|$

$\frac{dm}{dt} < 0$
 note 2
relative to rocket

$\frac{dm}{dt} < 0$
 the mass m is of
 the rocket which
 decreases.

so

$$\frac{dP}{dt} = \frac{dm}{dt} v + m \frac{dv}{dt} = -N_{\text{ex}} \frac{dm}{dt}$$

$$m \frac{dv}{dt} = -(v + N_{\text{ex}}) \frac{dm}{dt}$$

$$\frac{\frac{dv}{dt}}{N_{\text{ex}}} = -\frac{dm}{dt}$$

$$\ln \left(\frac{v + N_{\text{ex}}}{N_0 + N_{\text{ex}}} \right) = \ln \left(\frac{m_0}{m} \right)$$

$$\therefore v = -N_{\text{ex}} + (N_0 + N_{\text{ex}}) \frac{m_0}{m}$$

$$v(m=m_0) = N_0 \quad \text{and} \quad v(m \rightarrow 0) = \infty$$

Note this is
 a classical
 calculation and
 so $N(m \rightarrow 0) \rightarrow \infty$
 is ok,

3072)

3.1 Friedmann Equation

We will derive semi-classically
the way a 19th century physicist
could have but ~~none~~ died.

The semi-classical derivation
~~could have been done in the 19th century~~
but actually was done in 1934
by Milne & McVea (1934)
(Wik) Bondi - 79

After the GR derivation
of Friedmann 1922 (Wik)
and, independently, Lemaître 1920s (Wik)

Wells (2014) gives a more rigorous
demonstration why the GR and Newtonian
derivations are equivalent (heavy
going).

a) First we assume all
Free fall frames (unrotating with
respect to whole universe)
are true inertial frames ^{without need of}
(19th century could have done this) ^{inertial forces}
but didn't)

b) Assume cosmological principle
— whole universe homogeneous and
isotropic → can be scaled
on large enough scale up or down under gravity